

Upland News

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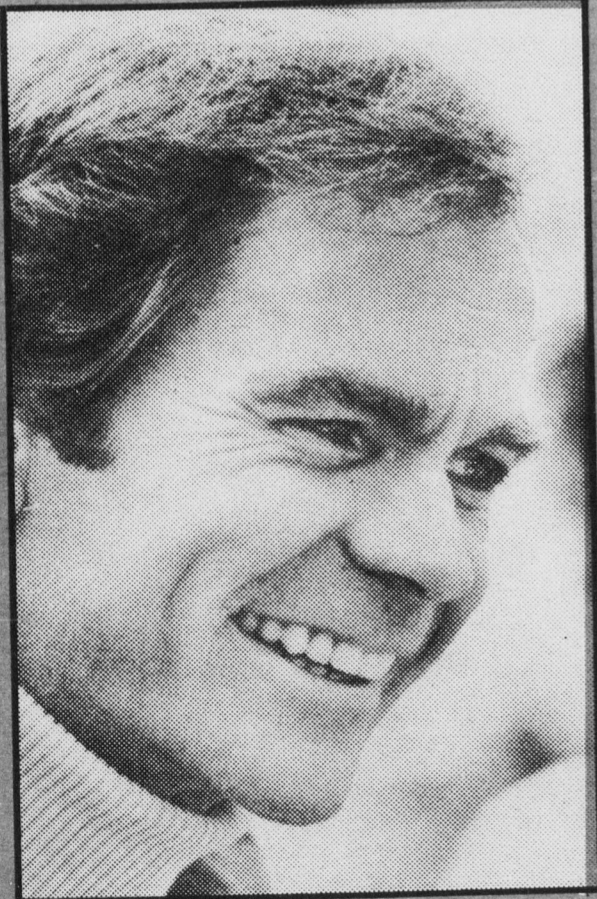
91st Year, No. 13

Thursday, May 8, 1986



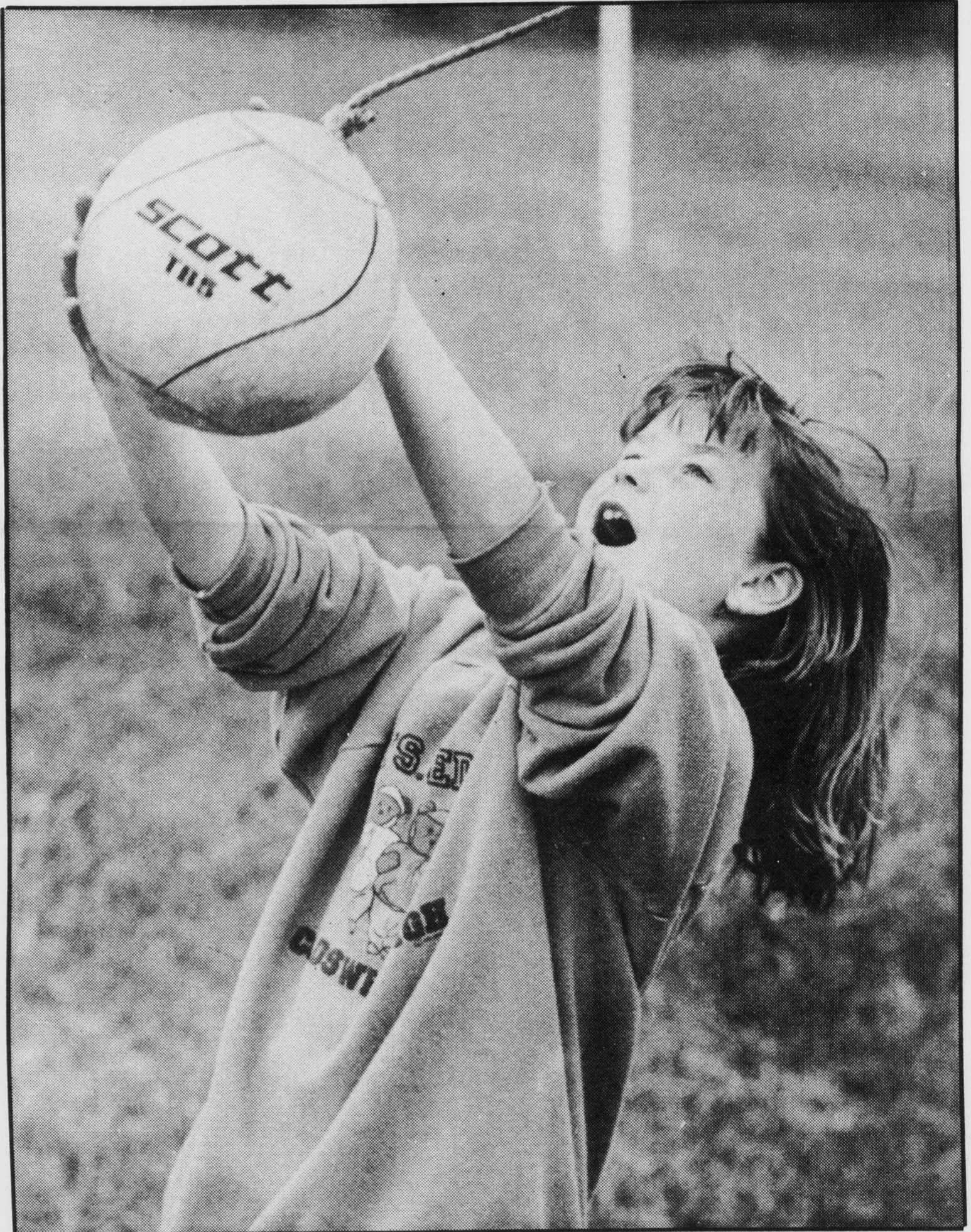
**Jazz leader to
leave Chaffey**

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**Delivery the
word of God**

Page 8



Physical exercise & play

After Hours

While America's adults have been signing up for health clubs and investing in leotards and Reeboks, its youth have been getting soft.

At least that's what the President's Council on Physical Fitness and Sport concluded in a recent report. And the Ontario YMCA wants to do something about it.

The YMCA has started a pilot youth sports program at Upland's Sycamore School. The weekly sessions stress non-competitive play and physical exercise.

Working mothers and fathers also benefit from the program because it operates on the school's early dismissal day from when school lets out at 1:15 p.m. to 3 p.m. For parents, that means not having to find a babysitter for those extra hours.

"That's just one more thing to worry about," said Dorethea Lesaout of the minimum day. Lesaout, a teacher herself in another district, has her third-grade daughter Morgan in the program.

She added that the \$20 fee for the 10-week sessions is "cheap compared to a babysitter." For those who cannot afford the full price, financial aid is available.

Instead of sitting at home watching cartoons and soap operas in the afternoons, the 30 or so children — first through grade — are playing soccer, softball and doing aerobics to music.

Sue Smith, the YMCA's physical director, operates the program along with one supervisor for every 12 children participating.

If the program is a success at Sycamore, the YMCA's outreach program will spread to more schools in the Upland and Rancho Cucamonga school districts, Smith said.

"So far it looks real positive for next year," she said.

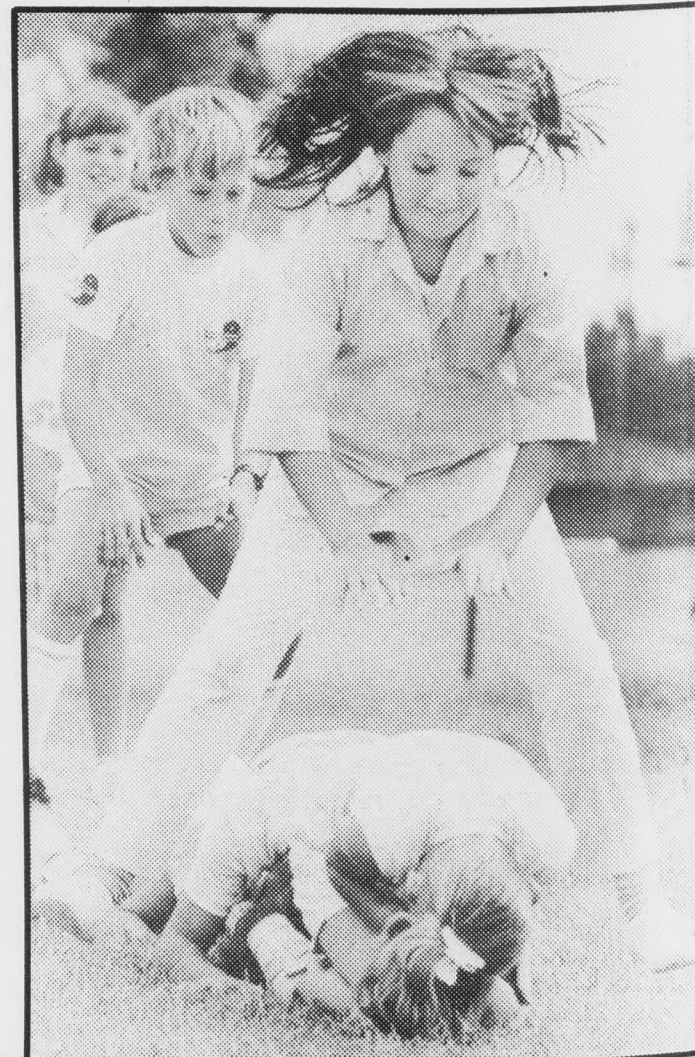
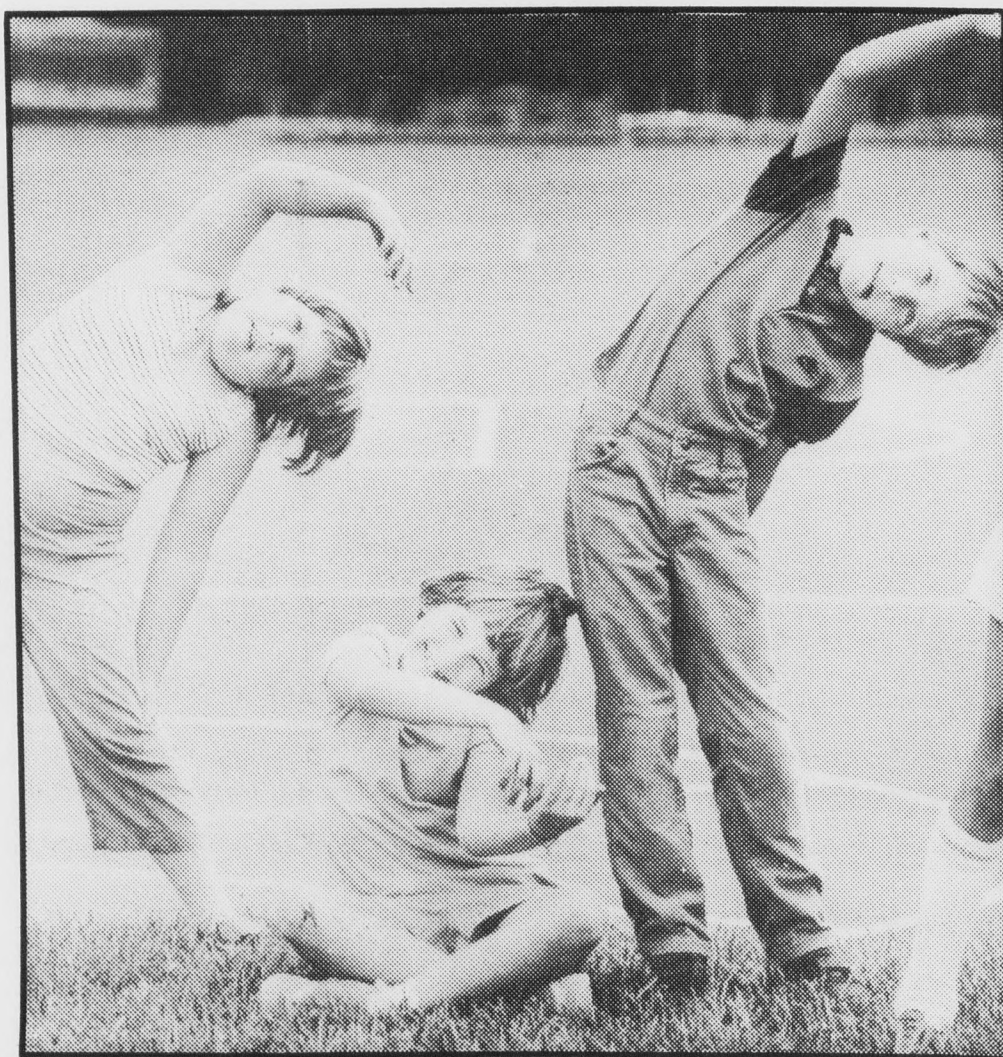
Smith concentrates on teaching the children skills and helping them build self-esteem, and tries to take the emphasis off competition. But she admits this is hard work.

"It's difficult to take the competitiveness out of it just because it's part of human nature," she said. "But we would like to downplay that aspect."

In the meantime, the youngsters are firming up their muscles, giving their cardiovascular systems a much-needed workout and having fun doing it.

That's how Lesaout looks at it for her daughter, anyway.

"She likes sports and she needs the exercise," she said. □



Fitness Craze



On the cover: Jill Perkins, 10, takes a shot at the tetherball. Clockwise from left, Robyn Spatafora, 10, leapfrogs over another student; youngsters stretch when

"Simon Says"; Foot races help to release excess energy; Supervisor Karen Stakes serves as a turning post during a race.

Story by Kimberly Heinrichs

Photos by Kathy Frey

College jazz band to lose its director

By Marianne Aiken

When the Chaffey College Jazz Ensemble plays in Duncan, British Columbia, it can draw an audience of 250 people with two days' notice.

When the band plays in its own back yard, it's lucky to get 100.

The award-winning band, with seven record albums and three overseas tours under its belt — including a stint at the prestigious Montreux, Switzerland, jazz festival — will travel to Europe this summer on a nine-city tour to play before more appreciative crowds.

After the band gets back home to Alta Loma July 15, its director will retire, and next year his job will be partially filled by hourly personnel and by shuffling around other contract faculty in the department.

"It's nice to have a reputation, but it stings just a little bit to realize that we aren't known in our own community," said jazz band director Jack Mason, who has been at Chaffey for 19 years.

Publicity has been a continuing problem, Mason said. Drastically lower numbers of high school graduates who want to be music majors, the

difficulty of making a living as a musician, and lack of budgetary support have also contributed to the dwindling interest in the music program at Chaffey College.

"You can't fool these students," Mason said. "They know when something's not being supported. It's a downward spiral. You lose the students and there's less justification for the budget, and you lose more students."

Chaffey College was the first community college in the nation to offer a jazz major, starting in 1974.

The program attracted students from as far away as Canada, and in the heyday year of 1979-80, three bands were in full swing.

Mason said the first death knell came in 1982, when his assistant's position was cut — "arbitrarily, I might add" — in a round of other cuts at the college.

"When that happened, we immediately began losing students," Mason said.

He said he came to Chaffey College in 1967 with the idea of turning the music program around in three years.

"It didn't happen that way," he said.

Things have changed so much since then that a Pied



Kathy Frey

Jack Mason will take the award-winning Chaffey College Jazz Ensemble on the band's fourth European tour this summer. One of their nine stops will be Den Hague, Holland, where the band will play in the North Sea Jazz Festival. After the tour, Mason will retire.

Piper couldn't bring enough students to revive the jazz program, Mason said.

"For all intents and purposes, jazz is a dead profession," he said.

"Now you can't make a living playing the horn any more. You could in the '70s."

Students are now going into more lucrative fields, taking computer and business courses in college, turning the music department into a humanities department, he said.

Ninety-five percent of the college's jazz musicians are not music majors.

"The only reason I would come up to this little college in the middle of the dirt and rock

is I felt there was potential in the high schools," Mason said.

Back then, all nine high schools in the Chaffey College district had bands of more than 100 members, and 125 graduating seniors in the district went into instrumental music when they went on to college.

Now, Mason said, even though there are four more high schools in the district, only two high schools have bands with more than 100 members, and only 20 students a year graduate into a music program.

"That severely cramps the idea of recruiting," Mason said. There are so few students in

the music program now, that Mason said he was too embarrassed to reveal the number.

"Very, very few," he said.

In defiance of Mason's pronouncement that jazz is dead, 21 people — including the roadies — will make the trip June 26, starting off in London to practice at Trinity College, then playing at Ronnie Scott's Jazz Club, which Mason called "the jazz club of the world."

Students will pay 35-40 percent of their own expenses, and the rest will be come from fund-raisers that took place earlier this year.

See RETIRING/Page 26

New crime victims' support group aids in emotional healing process

By Kimberly Heinrichs

Long after a rape or a burglary, many victims live with pain that neither medicine nor conviction can cure.

Carol Anderson, a victim/witness advocate at the Ontario District Attorney's office, sees these victims every day.

"We kind of put a Bandaid on and send them to a counselor," she said.

But a new support group she and Alta Loma psychologist Steve Wysocki began this week provides more than bandages. Their goal is to have a group of about 10 crime victims meet once a week and discuss their feelings about what happened to them until they heal emotionally.

The DA's victim/witness program helps the victims with their legal problems and provides emergency counseling

if they are willing to prosecute, but after that Anderson's hands are tied.

"I can't tell you how many victims come through here and ask, 'Isn't there anyone else who has been through what I have that I can talk to?'" she said.

"Right now, legally and morally, I cannot put victims together, but if they willingly join (the support

group), then they can put themselves together."

Wysocki has worked with many crime victims in his private practice. He said that victims of violent crimes, and even those who have had their homes burglarized, often suffer from sleeplessness, irritability, depression, eating disorders and

See GROUP/Page 26

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Eric Vilchis

TYPING FOR THE TITLE — Jan Russell, left, general manager of Western Temporary Services' area offices, times a contestant during a National Secretary's Week typing contest. The nationwide competition offered a grand prize trip to Hawaii. Local winners Cheryl Winn, Judy Warhol, Renee Sator and Kathy Anderson won lunch at a local restaurant, a silk floral arrangement and a chance at the national prize.

County seeks two state grants for pilot projects for children

By Patrick McGreevy

Local children suffering from mental strain and in need of day care centers will receive some help if the state approves two grants sought recently by the San Bernardino County Board of Supervisors.

The county is applying for \$34,800 to start a pilot project providing "mental health primary prevention" services to students in the Ontario-Montclair School District.

County officials are also applying for \$341,000 for a pilot project to allow West Valley parents eligible to enroll their children in the Head Start program the option of enrolling their children in a private day care center instead.

The mental health program proposed for the fiscal year beginning July 1, would involve a collaborative effort between workers with the West Valley region of the county Department of Mental Health and workers with the Ontario-Montclair School District, according to Bob Martinez, director of the county department.

In a written report to the county Board of Supervisors asking for authorization to apply for state funds, Martinez said the project would provide, "direct school-based services by paraprofessionals — Special Friends — to 150 students in kindergarten through the third grade enrolled at two district (elementary) schools — Cypress and Moreno."

"Students... identified through

screening and referral as 'at risk' will receive weekly individual intervention aimed at improving their present school adjustment and preventing later, more serious problems," Martinez wrote.

The other program for which an application was submitted would be implemented in two Head Start service areas, including one that includes the city of Rancho Cucamonga, according to James Fare, the administrator of the county's human services agency.

In a report to the board April 28, Fare wrote that the county

can apply for alternative programs in addition to the main Head Start program, which provides child development services in a preschool setting for low-income families.

The alternative program would allow parents eligible to enroll their children in a federally-funded Head Start center to instead enroll them in other day care centers and have the cost paid for by the county program using the state grant, according to Hortense Hunn, the county's director of Head Start.

"It's a wider choice for parents who want child care services," Hunn said.

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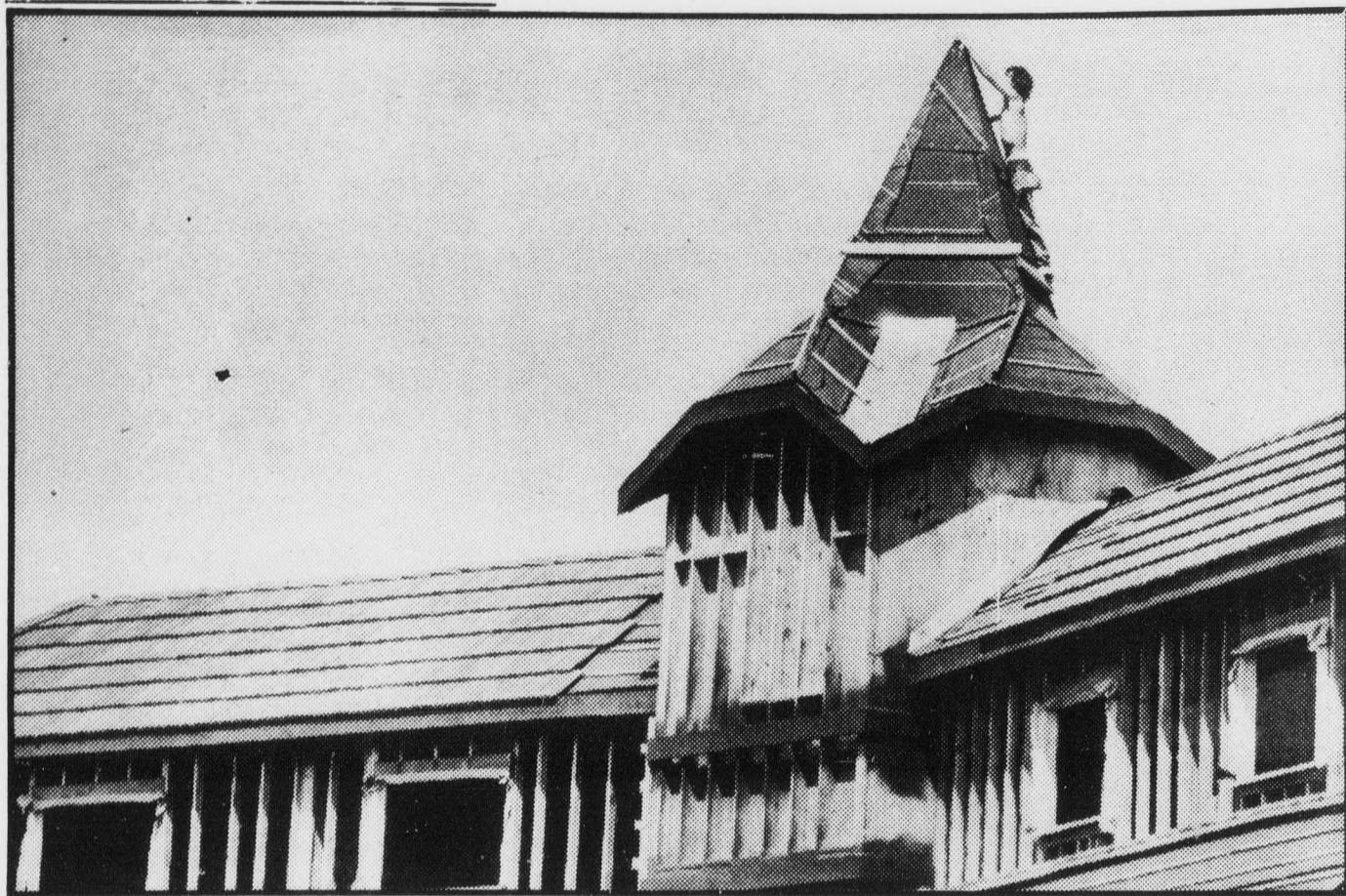
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Eric Vilchis

TOP JOB — Sheet metal worker Philip Lewis, Sylmar, labors atop an Upland Miller's Outpost construction site at Mountain Avenue and Eighth Street.

Rancho Cucamonga's seeking distinctive look to Foothill Blvd.

By Marianne Aiken

Driving through the West Valley on historic Route 66, better known as Foothill Boulevard, it's hard to tell where one city ends and another one begins.

Next month, the first in a series of eight public workshops will be held in Rancho Cucamonga to help change all that.

How to let people know they're in Rancho Cucamonga and not Fontana or Upland when they're driving through the five-mile stretch of Foothill that runs through the city is the idea behind a specific plan that is expected to be completed next February.

"What we don't want is for Foothill Boulevard to be all the same," said city planner Brad Buller. "You might get a rhythm or sense of pattern."

Buller said he hopes the public workshops will help identify issues that should be covered in the specific plan.

"What it's going to look like exactly is what the plan is going

to tell us," Buller said. "We're going to learn some things that maybe we haven't heard before."

The project will be broken down into four to six subareas to make it easier to identify the issues in different parts of the city that face the boulevard. Following that breakdown, five subarea committee meetings will be held in May, June and July.

The subarea meetings will be

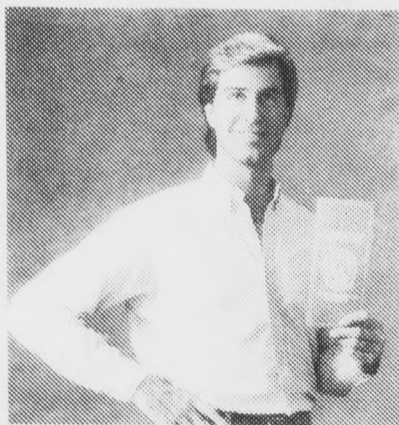
open to anyone who wants to attend, Buller said.

The Planning Commission will hold more public hearings on the plan beginning around December or January.

A consultant contract with Forma-Planning Network for the development of the Foothill Boulevard specific plan and environmental assessment was approved by the City Council March 20.

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People reluctant to use smoke detectors

By Brandon Griggs

Douglas Garvin was asleep last November in his Montclair home when he was awakened by a loud beeping noise — his house was on fire. Garvin woke up his wife and three children and hurried them out of the house before it burned to the ground.

"They all got out, and it was directly attributable to the smoke detector," said Fire Marshal Gary Turner of the Montclair Fire Department. "If (it) hadn't been there, they would have been overcome by smoke."

Smoke detectors: they're inexpensive (about \$8), easy to install, and they save lives. "Smoke detectors have probably

reduced fire deaths in single-family dwellings more than any other piece of fire equipment in the last 15 years," said Capt. Bill Alexander of the Ontario Fire Department.

So why don't more people have them? Despite a state law which requires all new homes in California to be built with smoke detectors, local fire officials say

about half of the area's homes still are without the devices. Most of these residences, they say, are in older or low-income neighborhoods.

A woman and two young children died last December in an early-morning apartment fire on Holt Boulevard in Ontario. The apartment did not have a smoke detector.

And just a week ago Tuesday morning, a fire engulfed a modest home in Pomona, killing five people. "They would have walked out had a smoke detector been operating," said battalion chief John Hawthorne of the Pomona Fire Department.

Fire departments' estimates on the numbers of local homes See DETECTORS/Page 27

Annual dog licensing time here

Through the message, "Love Me ... License Me," the San Bernardino County Animal Control Services Program (ACS) wants to remind dog owners that its annual licensing campaign is scheduled from May 1 to July 31.

During this time, dog licensing clinics that provide low-cost rabies vaccination (dogs only) will be conducted countywide. These clinics are co-sponsored by ACS and the Orange Belt Veterinary Association.

Fees at the clinics are \$15 for an animal license, with a \$7.50 discount with proof of spay or neuter and \$3 rabies vaccination (cash only).

Effective Feb. 26, the California rabies regulations were changed to require dogs vaccinated over the age of 12 months to be revaccinated every three years. In addition, dogs first vaccinated between ages of four and 12 months must be revaccinated one year later and then every three years.

All dogs over 4 months of age in the unincorporated areas around the cities of Ontario and Rancho Cucamonga are subject to annual licensing through the County Animal Control Services.

All current county dog licenses expire June 30, 1986, regardless of purchase date. After July 31, owners of unlicensed dogs face a late fee of \$25 for all licenses and the possibility of being cited for violating county and state health laws.

The following rabies vaccination and licensing clinics have been scheduled:

- Tonight, Ayala Park, 18313 Valley Blvd., Bloomington, 3-7:30 p.m.

For dogs that require only relicensing, owners may purchase the license through the mail, at a local clinic or at the local license purchasing office.

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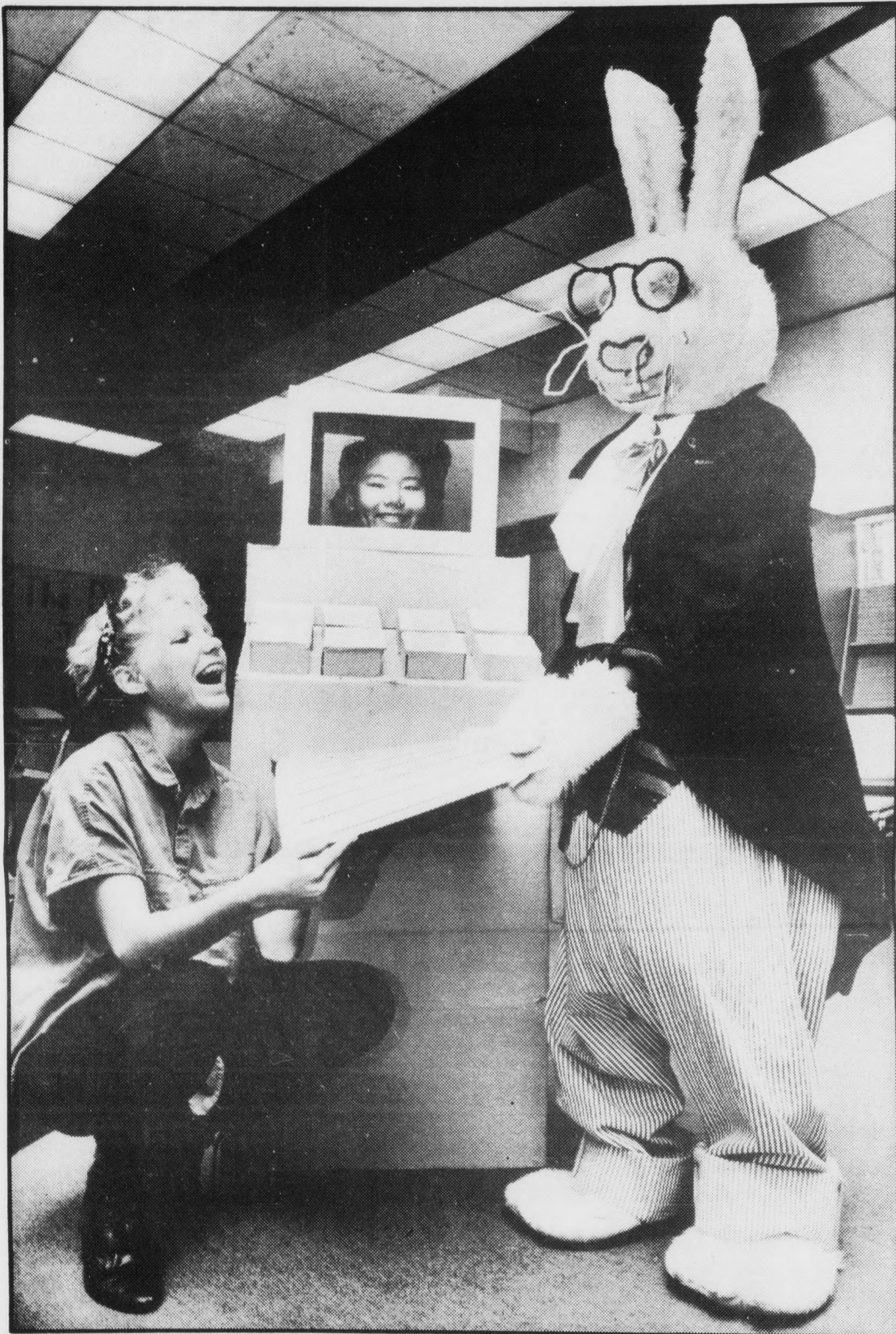
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Lee Celano

HIGH-TECH ALICE — A futuristic version of the classic "Alice in Wonderland," will be performed by students of Upland Junior High School May 15 and 16 at 7:30 p.m. Stars of the play, simply called "Alice," are, from left, Shelley Sharp as Alice, Christine Wang as the computer and Jarrett Pope as the white rabbit. For tickets, call 982-4608.

Actor Dean Jones delivers word of God to breakfast

By Kimberly Heinrichs

Be open to God and he will put your life back together, was the message of actor Dean Jones at the Upland Mayor's Prayer Breakfast Monday.

Jones was the featured speaker at the sixth annual event, sponsored by the Chaplains Division of the Upland Police Department with the purpose of bringing citizens and city employees together in prayer.

About 100 people filled the meeting room of the First Presbyterian Church in Upland for an early breakfast and Jones' speech.

The actor, who has frequently appeared in Walt Disney films like "The Love Bug" and "The Shaggy DA," praised city leaders for having the meeting.

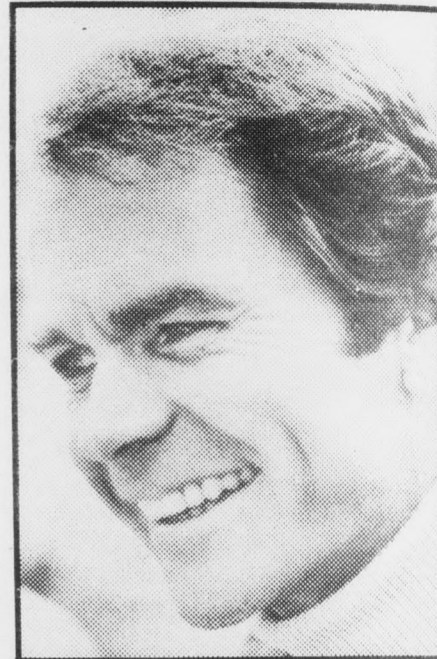
Comparing the gathering to the soul of the city, he explained that thoughts begin in a person's soul, are formulated in his mind and carried out by his body. A city works much the same way, he said.

Jones speaks often at gatherings in the United States and Europe about God and how his life was touched by him.

"You have to come alive spiritually and then God can pour into us," he said.

His own awakening happened in a hotel room in New Jersey, he said. He realized his life was in pieces and God helped him pull it back together.

"I said I need your help. I'm making \$50,000 a week and I have



Dean Jones

a white pearly Ferrari and all the ladies of the chorus that I want and I'm miserable," he said.

"I was in a thousand pieces. My family was in a thousand pieces," he said.

Jones said he asked God for a sign and received one — a sense of inner peace.

"It didn't stay all the time," he said. "It was the worst year of my life. It didn't stay because hell was desperately trying to get me back."

Also on hand was Byron Soradlin of Alta Loma, who entertained the group with hymn arrangements requiring audience participation, including a rousing rendition of "He's Got the Whole World in His Hands."

Cucamonga teachers get pay hike in new contract

After three "very cordial" bargaining sessions, the Cucamonga School District has settled on a new contract that grants teachers a 6 percent pay increase.

The increase, effective June 1, is part of a new salary schedule that will make the district the third-best paying of nine local school districts, according to Superintendent John Costello.

Teacher association representatives were unavailable

for comment, but Costello said "now our top teacher at the maximum years service ... will earn \$39,622."

Entry-level instructors will continue to earn \$20,265, an amount that includes almost \$3,000 in state supplements, Costello said.

Teachers affected by the pay increase typically have a bachelor of arts degree, some work toward a master's degree and two years experience.

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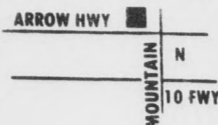
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National forest threatened, group says

By Andrew Horan

An unusual coalition of 10 environmental and sporting groups charged last week that "tremendous resource abuses" threaten to destroy the San Bernardino National Forest.

"Fundamentally, we all fear that the forest is being destroyed piece-by-piece for our special interests," explained Jim Matthews, conservation chairman of the Southern California Deerhunters.

Coalition members, including representatives of the Sierra Club, Audubon Society and Federation of Fly Fishers, first met in January to discuss alternatives to a proposed forest management plan they fear will damage wilderness and recreation areas.

The U.S. Forest Service will use the plan as a guide for managing 14 different uses, including recreation, transportation, mining and wilderness.

The forest service is encouraging public comment on the plan through July 24. Once a final plan is presented, it will guide foresters for the next 10 to 15 years, according to Richard Stauber, forest supervisor.

But coalition members charge that the forest service is underfunded now and will not have the budget to implement its proposed plan.

"The bottom line is this: No matter how good the plan may be, there is not the budget to properly implement the plan," Matthews, acting as coalition

spokesman, said.

"Unless something is done about the budget, fish and wildlife will suffer, the environment will continue to be degraded, recreational opportunities will diminish and vast areas of the forest could be closed," he charged.

USFS will operate the San Bernardino National Forest on a \$10.5 million budget in 1986, according to Stauber.

"We've had about a 30 percent budget reduction in the last five years," he said, "and a 38 percent reduction in recreation funding."

The management plan, he said, "does envision meeting an increasing demand for public recreation uses," but in light of federal deficits, "we would have to reduce our management levels to meet the budget."

Beyond budget woes, coalition members said elements of the proposed plan will heighten abuse of forest resources.

Members are most concerned by plans to construct a cross-forest off-highway vehicle (OHV) trail. The 126-mile trail would begin at Baldy Mesa, just northeast of Wrightwood, and wander eastward to the desert.

"Off-road vehicles have the most negative impact on the forest of all other uses," Matthews claimed.

"I don't think any of us feel ORVs should be banned," he continued, "but their use is consumptive and should be confined."

The forest service currently has 83 miles of trails designated

for OHV use, and another 900 miles of unpaved roads are open to off-roaders.

Both forestry officials and coalition members agree that problems arise from illegal OHV use.

Many OHV users simply leave designated trails and roads and ride through sensitive forest land, according to Bill Makel, USFS recreational specialist.

Those trips off the trails "damage sensitive

environments," Matthews said.

"They are habitat poachers," he added. "They ruin it as certainly, as lawlessly, as a poacher's bullet at midnight."

Makel said the cross-forest trail would concentrate OHV use, making it easier for foresters to control illegal trips off the trails.

Joyce Burk, coalition chairwoman, said the group also wants USFS to add 45,000 acres to already-existing wilderness

areas. The extra land would include extensive additions to the Cucamonga Wilderness area.

"Wilderness" designation requires that motorized vehicles be kept off the land while permitting recreational uses such as hiking and camping.

The forest service will hold a series of public meetings, including an open house at the Lytle Creek Ranger Station in Fontana May 28, before completing the plan.

'Chop-shops' are targeted

Professional car thieves and "chop-shops" operating within California are being targeted in a new program offering a reward intended to obtain information about such rings.

A "chop-shop" is a place, usually a garage, where expensive stolen cars are cut up for sale as used parts.

A \$1,000 reward will be given to any person whose tip leads to

arrests and convictions. The program is sponsored by Anes Electronics, a manufacturer of vehicle safety products.

Administering the reward program will be William Johnson, a retired detective from the Los Angeles Police Department's burglary-auto detail. A toll-free number from inside California, 1-800 826-2419, has been established.

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FIRE CALLS

Upland Fire Department handles a wide variety of calls every week. Information provided here is compiled and submitted by the fire department to give taxpayers a glimpse of the types of alarms it answers.

April 25

Ill subject. 54-year-old male hyperventilating, fainting. Taken to hospital by ambulance. 100 block South Mountain.

Ill subject. 56-year-old male possible fainted, found face down in yard by police officer. Did not want transportation to hospital. 600 block East Eight Street.

Unconscious subject. 80-year-old male had been down for some time, was confused, unable to get up on his own. Taken to hospital by ambulance. 400 block South Campus.

Possible overdose. 48-year-old male weak and confused, possible drug overdose. Taken to hospital by ambulance. 400 block North Euclid.

Subject bleeding. 47-year-old female bleeding from leg from earlier problem. Did not want transportation to hospital. Wound bandaged. 300 block Spencer.

Fight victim. 24-year-old male with minor lacerations on lip. Did not require medical attention. 1400 block West Eighth Street.

Full arrest. 45-year-old male found in full arrest. Given CPR and taken to hospital by ambulance. 1300 block San Bernardino Road.

Reported traffic accident. Unable to locate. On the freeway.

Traffic accident. Found victims had left the scene prior to our arrival. F Street and Euclid.

Fire alarm at the hospital. Found to be alarm malfunction.

Possible hazardous material spill. Found to be container from water softener company. Was not hazardous. They will respond to clean up. Seventh and Mountain.

Citizen assist. Assisted female cancer patient back into bed. 300 block East Mariposa.

April 26

Reported structure fire. Found to be garage door opener motor had overheated. Disconnected. No hazard. 1200 block Diana.

Reported possible drowning. Found victim had already been transported to hospital when we arrived. 1500 block Carnation.

Traffic accident. Found to be non-injury. 1400 block West Seventh Street.

Regional park swim season to open May 24

Swim season at Cucamonga-Guasti Regional Park opens Memorial Day weekend, May 24-26, and will only be open on weekends until June 16.

Thereafter, the swim area will be open daily until Sept. 7. Hours are 9:30 a.m.-4:45 p.m.

Fees for the 1986 Swim Season are:

- Daily vehicle entrance fee into the park: \$2.
- Swim Lagoon entrance fee: \$1 per person.
- Annual swim pass: \$15 per person.
- Ten-admission punch card: \$8.25 per person.
- Twenty-admission punch card: \$15 per person.

For more information, call 988-1061 or 387-2594.

Traffic accident. Found to be non-injury. 1200 block North San Antonio.

Insect bite. 12-year-old male with swelling to eye by possible insect bite. Parents to seek own medical attention. 500 block East 11th Street.

Fall victim. 42-year-old male fell, had abrasions on knees and elbows, also having chest pains and then fainted. Taken to hospital by ambulance. 500 block East 11th Street.

Fall victim. 20-year-old male fell from bicycle, found unconscious in street. Did not want medical attention. 1100 block West 15th Street.

Difficulty breathing. 62-year-old male with nausea and difficulty breathing. Is dialysis patient. 1600 block Carmel Circle.

April 27

Full arrest. 70-year-old male found pulseless and breathless. Given CPR and taken to hospital by ambulance. 1600 block Carmel Circle.

Safety talk. Given to residents of mobile home park. 900 block East Foothill.

Reported traffic accident. Found to be non-injury. Freeway, east of Mountain.

Possible structure fire in Montclair's area. Cancelled en route.

Possible false alarm. Subject called in report of outdoor fire. Unable to locate any evidence of fire. Euclid and Seventh Street.

April 28

Trash fire. Unknown set fire to trash can which also caught wood fence on fire. Had been extinguished prior to fire department arrival. Damage estimated at \$100. 800 block West 14th Street.

Tree fire set by juveniles. Trees in backyard of residence. Damage estimated at \$200. No injuries. 200 block West Ninth.

Reported assault victim. Female with very minor injury, did not want medical attention. Seventh and Mountain.

Fire in Rancho Cucamonga's area. Station No. 2 responded to assist Foothill Fire with mobile home fire.

Traffic accident. 18-year-old female with minor injuries on leg and hand, soreness in neck. Taken to hospital by ambulance. Foothill and Fifth Avenue.

Difficulty breathing. 74-year-old female with difficulty breathing and chest pains. Taken to hospital by ambulance. 200 block North First.

Possible stroke. 85-year-old male with facial droop and weakness. Taken to hospital by ambulance. 1500 block West Arrow.

Traffic accident. 59-year-old male with pain in shoulder. Did not want medical treatment. Accident occurred on the freeway and Euclid.

April 29

Alarm in Montclair's area. Cancelled en route.

Station tour. Given to Tiny Tots group at Station No. 1.

Possible dead person. 92-year-old female had been dead for some time. Coroner called. 1000 block Springfield.

Traffic accident. 36-year-old female with bump on back of head. 5-year-old male with bloody nose. 74-year-old female with no injuries. No one wanted transportation to hospital. 1000 block West 13th Street.

Back injury. 45-year-old female with severe back pain. Had history of back problems. Taken to hospital by ambulance. 500 block Richland.

Overdose. 21-year-old male took possible overdose of Bufferin. Taken to hospital by ambulance.

Overdose. 28-year-old male took possible overdose of various pills. Taken to hospital by ambulance. 1000 block East Foothill.

April 30

Chest pains. 57-year-old female with chest pains, radiating to neck and arm. Taken to hospital by ambulance. 900 block East Foothill.

Traffic accident. 23-year-old female hit head on windshield. 24-year-old male with abrasion on forehead, ear. Both taken to hospital by ambulance. 21-year-old male with pain in ankle. 25-year-old male with no injuries. Neither wanted transportation to hospital. Foothill and Benson.

Full arrest. 73-year-old female found in full arrest. Given CPR and transported to hospital by ambulance. 1300 block San Bernardino Road.

Possible overdose. 25-year-old female possibly took overdose of perscribed medication. Taken to hospital by ambulance. 793 Camphor.

Steam burn. 17-year-old male with steam burn on arm from hot radiator. Wound dressed and victim to go to hospital via private auto. 400 block South Mountain.

Outdoor fire. Owner of residence had set fire in rear yard to burn debris. Advised it was illegal, fire extinguished. 900 block Darlene.

Station tour. Tour of Station No. 1 given to children from Tiny Tots.

Alarm in Montclair's area. Cancelled en route.

Smell of smoke. Found to be light ballast only. 100 block Morgan Way.

Citizen assist. Assisted elderly subject back into bed. 1200 block Woodbury.

May 1

Tree fire. Suspicious circumstances surrounding tree fire. No injuries. Damage estimated at \$200. 1700 block North Mountain.

Difficulty breathing. 50-year-old female with possible medication reaction. Also severe burning in hands. Taken to hospital by ambulance. 1300 block San Bernardino Road.

Chest pains. 41-year-old female with chest pains. Taken to hospital by ambulance. 1200 block West Foothill.

Ill subject. 67-year-old male with chills, headache and nausea. Taken to hospital by ambulance. 800 block Guadalupe.

Fall victim. Unknown age female fainted and fell, striking her head. Taken to hospital by ambulance. 1200 block West Foothill.

Traffic accident. 33-year-old female with possible head and neck injuries. Taken to hospital by ambulance. 1200 block West Foothill.

Ill subject. 22-year-old female passed out for unknown reason. Taken to hospital by ambulance. 1400 block East Foothill.

Chest pains. 85-year-old male with difficulty breathing and chest pains. Taken to hospital by ambulance. 1300 block North Grove.

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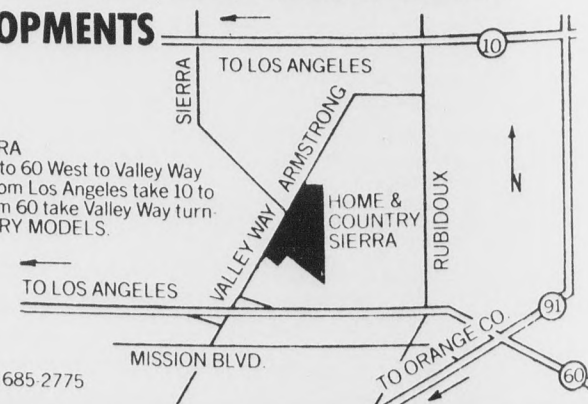
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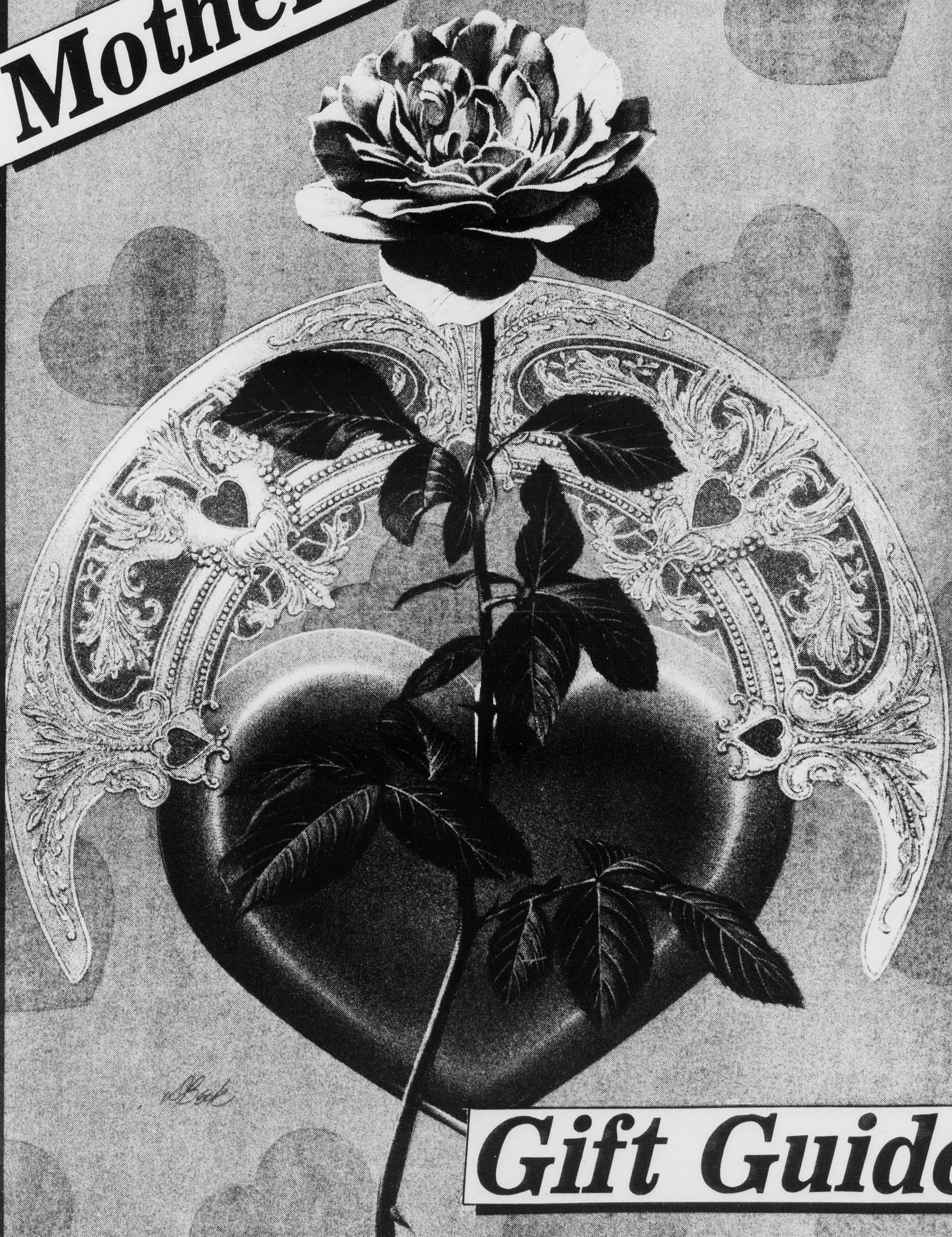
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Mother's Day



Gift Guide



MOTHER'S DAY GIFT GUIDE



NOTEBOOK

House of Ruth

The House of Ruth, an agency dedicated to providing alternatives to domestic violence, will have a general volunteer training session beginning May 14.

The 30-hour session will cover information about domestic violence, crisis intervention techniques and resources in the West Valley.

Volunteers with daytime hours available are especially needed for the hotline. For more information, call 623-4364, Monday through Friday between 9 a.m. and 5 p.m.

Claremont softball

An organizational meeting for the upcoming city-sponsored softball league will be May 15 at the Memorial Park building in Claremont.

The men's league meeting will be at 6:30 p.m. Leagues will be held Monday through Friday. Games will begin in early June.

For more information, call 624-4531, extension 271.

VVE tutors needed

Volunteer Vital English needs volunteers to help non-English speaking families and/or individuals learn conversational English for daily use and emergency situations.

VVE tutors teach English to non-English speaking people in the following communities: Alta Loma, Chino, Claremont, Cucamonga, Diamond Bar, La Verne, Montclair, Ontario, Pomona, San Dimas and Upland.

The regularly scheduled orientation session for prospective tutors will be Saturday from 9 to 11:30 a.m. at the YWCA of the Greater

Pomona Valley, 1787 N. Garey Ave., Pomona.

Volunteer tutors are not required to have previous teaching experience or knowledge of another language. Men and women who can volunteer two hours weekly to help someone learn to speak English are invited to attend.

For more information, write Volunteer Vital English, 1787 N. Garey Ave., Pomona, 91767 or call 622-2453.

Mental health group

The West Valley Mental Health Association, is expanding its program to better serve the mentally disabled people in local communities.

More volunteers are needed to assist with these programs. Volunteer professionals are needed to lead groups, seminars, forums and to be involved with the speakers bureau.

For more information, call 983-3281.

Summer day camp

Registrations are being accepted for the YWCA of Greater Pomona Valley's summer day camp.

A full day of activities from 7 a.m. to 6 p.m. is planned for youngsters ages 5 to 12 years old in weekly sessions from June 23-Sept. 5.

Weekly fees are \$50 for the first child in the family and \$35 for each additional child. Partial week and family rates are available. The \$10 registration fee includes YWCA membership, accident insurance and a T-shirt for each child.

For more information, call 625-5926.

Volunteers wanted

The Volunteer Center of the greater Pomona Valley has various positions open in local non-profit organizations for interested people.

For more information, call 623-1284.

The positions include the following:

- Human Race at California Polytechnic University Pomona. Walkers or runners are needed Saturday. Sponsor sheets are available.
- Project Sister. Hotline training begins in June. Clerical help is needed. Researchers also are needed.
- Therapeutic Equestrians, Upland. Volunteers are needed Tuesday mornings and Thursday afternoons to help with the program.
- House of Ruth. Hotline training sessions begin May 14. volunteers are needed for crisis intervention and telephone counseling.
- Travelers Aid of Inland Empire, Ontario Airport. Volunteers are needed to work on a substitute basis.

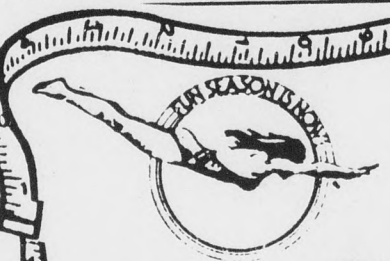
American nannies

The American Nanny College in Claremont is opening its doors to parents to participate in an eight-week intensive small group seminar starting May 12 and ending July 13.

The Claremont Club is the location for 128 of the hours of training under Magda Gerber, infant development specialist

and director of Resources for Infant Educators.

For more information, call 624-7711.



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MOTHER'S DAY GIFT GUIDE



Carbohydrate loading for energy

By Jack Williams
Copley News Service

Prescribing optimal fuel for the endurance athlete has evolved from an experiment into a science. Test tubes have turned into training tables. Myths and fads have careened down garbage disposals. And, finally, truth has been served:

Carbohydrates are an exercising muscle's meat. From starch to finish.

But carbohydrate loading for endurance events suffers from gross malpractice and misunderstanding. It may suggest sinuous mounds of spaghetti, sloshed down by copious beers and accompanied by gobs of garlic bread on Ironman eve.

Yet, when practiced scientifically, it is more than that. And less.

So what, exactly, is carbohydrate loading? When should it be employed? And what are its effects?

One person who should know is Ellen Coleman, a 32-year-old marathoner, Ironman triathlete, exercise physiologist and registered dietitian who directs the Riverside Cardiac Fitness Center.

"When done properly," said Coleman, "carbohydrate loading can double or even triple your muscle glycogen level. And the higher your pre-exercise muscle glycogen, the greater your endurance potential."

That's not to say, however, that we should pig down two pounds of pasta primavera the night before a five-mile bike ride. Only if the endurance activity lasts about 90 minutes or more, says Coleman, is the loading procedure valuable.

The loading procedure encompasses six to seven days.

It refers not to the amounts of food but to the source: a high percentage of complex, slow-to-burn carbohydrates with a minimum of fats and protein and ample amounts of fluid. And it entails a reduction of training to enable the exercising muscles to store the energy-producing glycogen.

Indeed, what you eat the night before is not so important as what you've consumed and the amount of exercise you've done the week before.

Science, in fact, has proved wrong the original starve-and-binge concepts of the carbo load as it was introduced in 1967.

The revised plan — advanced six years ago by David Costill, Ph.D., of the Human Performance Laboratory at Ball State University, Muncie, Ind. — also operates on a six-day cycle.

For the first three days, suggests Coleman, consume 50-60 percent of your diet in carbohydrates — which normally is recommended for endurance-based training. Remember, though, the plan is effective only if you taper your training. Coleman, a veteran of four marathons and eleven 200-mile bicycle races, suggests you reduce training from 90 minutes the first day to 40 the next two days.

"The 90 minutes of training lowers your glycogen stores and the 40 keeps 'em down a bit," she said. Then comes the relative deluge, given impetus by a reduction in training.

For the next three days, increase the carbohydrate load to 70 percent of your diet. Drop the training load to 20 minutes. Then, the day before the event, rest completely or simply warm up. (Experienced and elite athletes may prefer a light workout to stay loose and relaxed.)

"The night before," said Coleman, "is critical in making sure you have enough glycogen in your liver to maintain your blood sugar. But the pre-existing stores are established over several days as opposed to one specific meal."

If you follow the carbo-loading regimen to the letter, you'll probably gain two or three pounds of water weight — a temporary but, perhaps, undesirable side effect. For each gram of glycogen stored, about three grams of water are stored. That's a desirable side effect, a safeguard against dehydration.

"There may be a little stiffness and heaviness," conceded Coleman. "But that's not a bad feeling because you may go out slower and get faster and feel lighter as you go along. In a 10K, it would be a disaster. You don't need the additional glycogen stores for that distance, anyway."

As for the half marathon (13.1 miles), if you're going to take at least 80 minutes to finish, Coleman suggests you might try what is known as a "loaf load." That, she said, "would probably ensure that you would run your best, everything else being equal."

In the loaf load you don't taper your training time but you do increase your carbohydrate consumption to 70 percent of your diet three days before and rest the day before. "You're not packing as much glycogen," said Coleman, "but you're ensuring that your stores are optimal."

Normal glycogen stores are

good for 90 minutes. Fat also can be utilized for energy but it takes 30-60 minutes of aerobic exercise for fat to be available as fuel in the form of free fatty acids, explained Coleman.

"Without carbo loading, marathoning (she has a best of 3 hours, 23 minutes) has been a disaster for me," she said. "I wouldn't have a chance of running 3:19 or better and qualifying for the Boston

See FITNESS/Page 25

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MOTHER'S DAY GIFT GUIDE



You can collect early social security checks

By Leonard J. Hansen
Copley News Service

Can you collect Social Security before you retire, even on a partial basis?

A Florida reader wrote us, "My brother-in-law claims he can file for Social Security now (at age 63), work full-time until age 65 and receive the last three months of 1986 and 1987 from Social Security before going on full retirement at age 65."

"Has there been some new kind of 'twist' or program established since I retired in 1980?"

It is a good question, and one with some surprising answers.

Yes, you may file for Social Security while still working and collect partially in your years of age 62, 63 and 64. It is not a new twist or program but, in fact, a provision that has been in place for years — and it works only if your working income is low.

When you file for Social Security and continue some form of work, Social Security benefits are reduced by \$1 for each \$2 earned above \$5,760 per year for those under 65, or reduced at the same ratio for those 65 and over for income over \$7,800 per year.

This means that a person age 62 to 65 with low income can file for Social Security, gaining a possible return. You would have to discuss this with a counselor at the Social Security office so that the financial evaluation can be accomplished.

The considerations will include your own income, the benefit level anticipated if you were to file for benefits, the income you have over the \$5,760 figure and how much the reduction would be from the benefit level. You just might find some cash benefits available in this way.

At age 65 the Social Security Administration will recalculate your benefits to be paid forward, adjusted by the cash benefits already received.

Social Security recipients, age 70 and over, can earn any amount of income from work without reduction in monthly benefits. This is a fairly recent adjustment from the earlier qualification age of 72.

To the reader who sent the questions and to you readers where this early filing for lower-income persons 62 and over might be a very real opportunity, we suggest you take your question and financial information directly to the nearest Social Security office. Don't jump and file until you see how it will all work on paper. Be concerned, too, about any downward adjustment in benefits from the level you would have received if filing at age 65. For some the concept might make great sense — for others it might produce a problem in later years.

Surgery or Alternative?

We have recommended in this column many times that you seek a second medical opinion whenever a doctor recommends surgery — unless it is an emergency situation where there is just not the time or opportunity to do so. You should have the benefit of added opinion — because doctors do make mistakes in diagnosis.

Now there is a book that gives you, in lay terms, the added information you need to know. "My Body — My Decision" presents in readily understandable text what you should know about the most common female surgeries. Each

of the procedures is presented as a chapter, with sections including a definition of the disease or organs to be affected, abbreviations, common and technical names for the procedure, the functions of the body parts affected — and then what happens in the removal and after the removal, how common the surgery, a description of the procedure, the testing process (before, during and post-operative), advantages and disadvantages of the surgery, the type of anesthesia used, possible complications, the probable outcome from the surgery and post-operative concerns.

The book is a no-nonsense guide to the procedures and what they mean to your body — pro, con and otherwise — and presents its information for your knowledge and understanding in a far better fashion than we have ever seen accomplished in a doctor-to-patient relationship.

Unfortunately, the publisher does not have a similar book in the works for the common surgical procedures on men. We have called them to urge the development of such a volume.

"My Body — My Decision" is a 319-page paperback, published at \$8.95 by The Body Press of HP Books Inc., P.O. Box 5367, Tucson, AZ 85703. You may

order direct, adding \$1.95 for postage and shipping. Or purchase the book at any Waldenbooks or B. Dalton bookstore.

Your body is your own concern and knowing about it and what will or can happen to it can be the start of your own very best medicine.

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MOTHER'S DAY GIFT GUIDE

CALENDAR

FRIDAY, May 9

Rancho Cucamonga Weight Watchers can weigh in at 9 a.m. today at 8372 Base Line Road.

Rancho Cucamonga VIPs hold a pinocle tournament for all players from 6 to 10 p.m. at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

SATURDAY, May 10

Rancho Cucamonga Weight Watchers can weigh in today at 9:30 a.m. at 8372 Base Line Road.

The Fencing Club meets from 9 a.m. to noon in the lounge at Magnolia Recreation Center, 651 W. 15th St., Upland. Call Armando at 788-1774 evenings or 351-6558 daytime for more information.

MONDAY, May 12

Rancho Cucamonga kids who are watching their weight can weigh in today at 4 p.m. at Weight Watchers, 8372 Base Line Road. Adults can weigh in at 6 p.m.

Bridge is played at 1 p.m. at Upland Community Center, 352 E. C St. For more information, call 985-4201.

Professional Contacts Unlimited meets weekly Mondays, 5:30 to 7 p.m. at the Rancho Cucamonga Chamber of Commerce conference room. For more information, call Marie Sears, 946-5821.

TUESDAY, May 13

Rancho Cucamonga Weight Watchers can weigh in at 9 a.m. and 6:30 p.m. today at 8372 Base Line Road.

The Rancho Cucamonga Small Business Association holds weekly meetings on Tuesdays at 7:30 a.m. at Michael J's Restaurant at the corner of Foothill Blvd. and Turner Ave. in Rancho Cucamonga.

monga. Membership in the organization is free. The club goals are to interact, exchange ideas and information and support small businesses in the city.

Christian Businessmen's Committee meets each Tuesday morning for breakfast and fellowship at 6:45 at Coco's Restaurant, 60 W. Foothill Blvd., corner of Foothill and Euclid Avenue in Upland.

The West San Bernardino County Board of Realtors holds a weekly breakfast meeting from 8 to 9 a.m. at 101 N. Second Ave., Upland. For more information, call 946-2617.

Fun After Fifty Club will hold arts and crafts for seniors at the Community Center, 352 E. C St. at 10 a.m.

Kiwanis Club of Upland holds its weekly luncheon meetings at 12:10 p.m. today at The Arbor Restaurant on Foothill Boulevard near Euclid Avenue in Upland.

Rancho Cucamonga VIP Seniors will show a free movie in the lounge every Tuesday at the Neighborhood Center at 9:30 a.m. and 1 p.m., 9791 Arrow Highway.

Friendship Cards are played at the Senior Center, 9791 Arrow Highway, noon to 4 p.m. Seniors can learn to play bridge, pinocle, canasta, poker and other games. There is no fee.

Taking Off Pounds Sensibly, Cucamonga Chapter 1769, meets every Tuesday from 10 a.m. to noon at the Rancho Cucamonga library, 9191 Base Line Road.

Rotary Club of Rancho Cucamonga meets every Tuesday for a noon luncheon at the Magic Lamp Inn, 8189 Foothill Blvd., Rancho Cucamonga. Call 985-9761 for more information.

Ontario Soroptimists, a business women's service club, meets at the Magic Lamp, 8189 Foothill Blvd., Upland, at noon.

Odd Fellows, Independent Order of No. 68, holds its weekly meeting at 8 p.m., 233 N. Second Ave., Upland.

West End Kiwanis holds its weekly dinner meeting at Brigham's Family Restaurant, 820 W. Foothill Blvd. this evening at 6:30.

A Senior Health Screening Clinic will be held from 9:30 a.m. to noon at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

The Rancho Cucamonga Toastmasters Club meets every Tuesday night at 7 p.m. in the Church of Jesus Christ of Latter-day Saints, 9075 Base Line Road in Rancho Cucamonga.

Sweet Adelines, Pomona Valley singing group, meets Tuesday evenings at 7:30 p.m. at Pilgrim Congregational Church, 600 N. Garey Ave., Pomona. Women who enjoy singing and can carry a tune are welcome to join.

WEDNESDAY, May 14

The New Uplanders Club invites anyone who has lived in Upland for two years or less to join the group's luncheons held on the second Wednesday of every month. For the time and location, call 981-1149. The Cucamonga District Host Lions Club meets every second and fourth Wednesday at the Magic Lamp restaurant located at 8189 Foothill Blvd., Rancho Cucamonga at 7:30 p.m. Visitors are invited. For more information please contact Lion President Carl P. Smith at 985-2110 or 981-0117.

The Rancho Cucamonga Planning Commission meets every second and fourth Wednesday at 7:30 p.m. in Lions Park Community Center, 9161 Base Line Road.

Rancho Cucamonga Weight Watchers can weigh in at 12 noon today and again at 5:30 p.m. at 8372 Base Line Road.

Leads Club, a business women's networking group, meets each Wednesday morning, 7:15 to 8:30, at various locations in Rancho Cucamonga. For more information or reservations, call Nancy Espinoza, at 946-9644, or Teresa Shaw at 624-8530.

985-2785

W.E.T.A.S.

West End Toxic Abuse Services

PROGRAMS OFFERED:

D.U.I. (AB 541) Class
Drug Diversion Class (PC 1,000)
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N.Y. STRIP STEAK

Treat yourself right! Enjoy a N.Y. Strip Steak charbroiled to your liking. Served with a piping hot baked potato with sour cream, a garden fresh tossed salad with choice of dressing, two fresh from the oven-dinner rolls and a garnish of two golden brown onion rings.

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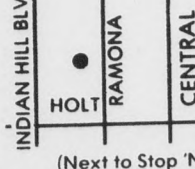
2 GREAT CHICAGO HOT DOGS

Pure Beef Hot Dog, Served on a Mary Ann Poppyseed Bun, mustard, relish, dill pickle and sport peppers, all flown in fresh from Chicago.

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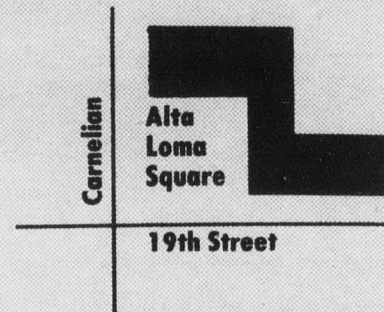
MOTHER'S DAY

Gift Ideas

From

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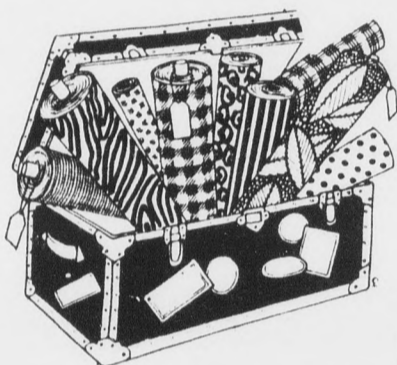
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Save \$5.29

2 WHOLE CHICKENS

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Meal includes:

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Come in for your entry!

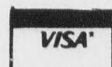
See us for complete details. No purchase is necessary. All entries must be received before June 30, 1986.

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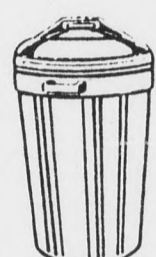
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32 GAL TRASH CAN

Extra thick, unbreakable plastic construction provides long life. Reinforced handles.



20 LB. BAG SULFATE OF AMMONIA

\$1.89 each

• Light Touch • Automatic ROLLER SPONGE MOP

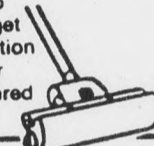
Automatic roller mop with light touch pump action. Hands never get well. Self-wringing action pushes dirt and water out. With plastic covered steel handles.



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- Specially formulated top quality thinner.
- Excellent for thinning paint, cleaning tools etc. (Limit 6 Per Coupon)

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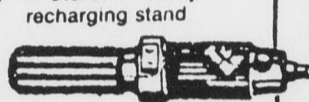
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Convenient kit includes "Rain Dance" wax, car wash, black trim and chrome polish, plus sponge, disposable towel and durable 10 quart bucket.

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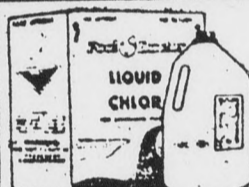


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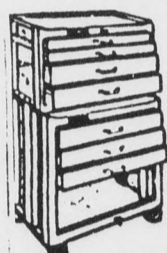
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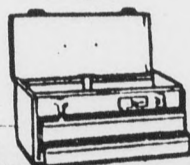
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CHAMPION HEAVY DUTY ROLL CHEST & ROLLER CABINET

2-DRAWER TOOL CHEST

Perfect for every handyman. Has positive lock draw bolt.



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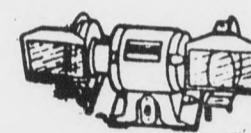
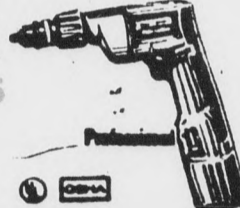
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2 1/2 HP motor, metal guards. Incl. combination blade & wrench.

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1985 1/2" reversible adjustable-clutch screwdriver



1/2 H.P. K&R TOOLS 6" BENCH GRINDER

All ball-bearing construction motor & all-iron construction.

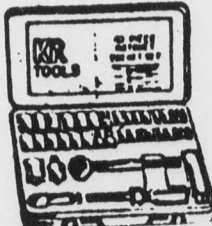
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40 PC. SOCKET SET
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1/2" Impact Wrench

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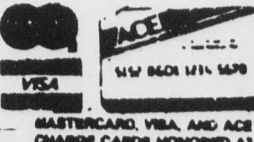
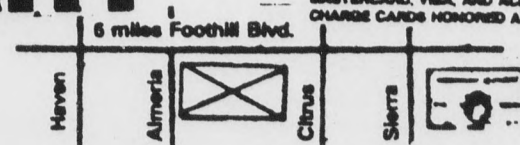
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LUNCH DAILY
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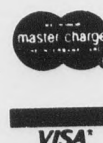
★ Delicious Dinner Entrees ★

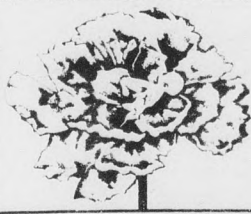
Imported Beer & Wine - Frozen Cocktails

Banquet Facilities

8417 Haven Ave., Rancho Cucamonga
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989-7705





MOTHER'S DAY GIFT GUIDE



RELIGION NEWS

ST. SPYRIDON GREEK ORTHODOX CHURCH —

Services will be held Sunday at 10 a.m. The church is located at 1371 Chaffee St., Upland, between Eighth and Ninth streets off Grove Avenue. For information call 982-5770 or 984-7530.

UPLAND CHRISTIAN CHURCH (Disciples) —

Sunday services at 10:30 a.m. at 1510 N. San Antonio Ave.

FOOTHILL BAPTIST, UPLAND —

Sunday services at 10 a.m. at the church, 1330 W. 15th St. Inspirational hour at 6 p.m. Sunday. For information, call 981-2835.

GRACE LUTHERAN CHURCH —

Services at 8:30 and 11 a.m. Sunday. The church is located at 2108 N. Euclid Ave., Upland.

WEST END CHURCH OF RELIGIOUS SCIENCE —

Services at 11 a.m. Sunday at the Masonic Temple, 611 N. Third Ave., Upland. For information, call 627-9065.

ASTARA —

Services at 11 a.m. Sunday at Astara, 800 W. Arrow Highway, Upland.

FIRST MENNONITE, UPLAND —

Services are Sunday at 10:45 a.m. and a nursery is provided. Sunday school for all ages is held at 9:30 a.m. Church is located at 379 Campus Ave., Upland, call 982-1669 or 982-23-61.

FIRST SPANISH ASSEMBLY OF GOD, UPLAND —

Services at 11 a.m. Sunday at the church, 295 E. Ninth St. For information, call 981-6996.

FIRST PRESBYTERIAN —

Services are at 8:15 and 10:30 a.m. Church school for all ages and nursery-age through grade

three are held at 9:15. Infant and toddler care is available at all services. Church is located at 869 N. Euclid Ave. For information, call 982-8811.

UPLAND UNITED METHODIST CHURCH —

Services are held at 8:30 and 11 a.m. Sunday. Classes for nursery age through adult are held at 9:50 a.m. Infant and toddler care is available at all services. The church is at 262 N. Euclid Ave., Upland. For more information, call 982-1345.

MOUNTAIN VIEW FRIENDS CHURCH —

Meets for Sunday worship at 9 a.m. at Upland High School Auditorium with children's church being held in the English building, 565 W. 11th St., Upland. After refreshments and fellowship at 10:15, Sunday school for all ages is held from 10:30 to 11:30. Bible studies and choir practice are held midweek. Nursery care provided. For more information, call church office at 946-5860.

EPHESIANS 6:11 MINISTRIES —

Services are at 10 a.m. Sunday in the teachers' staff lounge at Chaffey College, 5885 Haven Ave., Alta Loma. They are also held at 7 p.m. Wednesdays at 10435 Gala, Alta Loma. Pastors Bob and Marge Sanchez. 980-7956.

COMMUNITY BAPTIST —

Services are held Friday evening at 5:55 and 7:20; Sunday mornings 8:15, 9:35 and 11 a.m. Children's Bible classes run concurrently with all services for nursery through sixth grade. Junior High meets at the 5:55, 8:15 and 11 a.m. services. High school meets at 9:35. Community Baptist is located at the northwest corner of 19th and Beryl in Alta Loma. 987-8594.

CUCAMONGA UNITED METHODIST —

Sunday services

at 10 a.m. church school is at 8:45 a.m. The church is located at 7690 Archibald Ave.

NORTHKIRK UNITED PRESBYTERIAN —

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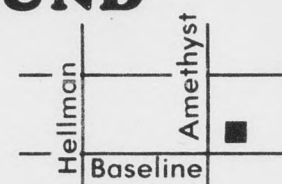
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MOTHER'S DAY GIFT GUIDE



Daughter's career choice has her parents concerned

By Willard Abraham
Copley News Service

Q. With all the careers that there are in this world, it infuriates me that our daughter seems to be choosing one that pays so little. No, it isn't teaching, although I would feel as bad about that as her real choice. Hers is social work, and I am just plain against it. (So is her father.)

Because she is still in high school, she can of course change her mind. I'm hoping that your reaction will influence her to think in a different direction.

A. People choose career goals for a lot of different reasons. Income is just one of them. In fact, if earnings were the only reason for a selection, happiness on the job later on may not occur.

Your daughter may be thinking about the satisfaction she might derive from helping people in need, or perhaps she has been influenced by the model of someone she respects who is in that field or knows quite a bit about it.

I would be way out on a weak limb if I tried to convince her that she is wrong. It could be of value for her to discuss her choice with her school counselor, or perhaps she already has.

It may be better for you to hold back your criticism and try to be satisfied with her choice if you can be assured that she has looked into both the strengths and weaknesses of the occupation she selects.

I recognize your concern. Most of us as parents want "the best" for our children, but sometimes they know better than we do what is best for them.

And there is a bottom line we have to try to remember: It really is their life.

Q. I sometimes have the feeling that most of us are like my 12-year-old — dissatisfied with our own appearance or performance and eager to look and act like someone else. In her case it relates to her hair that is blond and straight while her best friend's hair is dark and curly.

I don't want to do anything about the color, but I suppose we could curl it. That might not satisfy her, though.

It may not seem like a big issue to you or me, but it certainly is to her.

A. Of course it is, and this is a good example of the importance of seeing through the eyes of a child as you obviously are doing.

A beauty shop appointment may be helpful. Giving in on the curling, performed by a beauty operator who is ready to share pictures of blondes who are attractive movie or music personalities, may get the compromise to work. The pictures might work alone, without the curling process, because the age of 12 is often quite impressionable.

Now some women may write, tell me that I'm out of my element and share the approach they would use with this girl. Fine — let me have it!

One factor that I am on more comfortable ground with is the belief that most of us really are not dissatisfied with how we perform and look, especially with a little clothing and cosmetic help. There are many who feel pretty good about themselves. Something about a satisfactory

"self-concept" often does help a person become less concerned about both appearance and performance.

Q. If it is normal I won't worry about it, but it does concern me that my son seems to be developing so slowly. He is 13 and his 11-year-old sister is taller and physically more mature than he is. So are most of his boyfriends.

Put my mind at ease or tell me what to do.

A. Visits to 7th, 8th and 9th grade classrooms clearly show that many boys lag behind many girls in their growth patterns. There are numerous exceptions, of course, but teachers working at those school levels are generally aware of this fact.

However, it is difficult to discuss any individual child's development without knowing him or her personally. That is why a visit with your son to your family physician might be worthwhile.

Your boy could be right within the "normal" range, but this additional source for evaluation seems like the right one to include.

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MOTHER'S DAY GIFT GUIDE



California's climate affords wine-makers style choices

By Dan Berger
Copley News Service

The development of style in wine making is a matter of choice, and more so in California than anywhere else.

This is mainly because in California, where the sun usually shines and grapes almost always ripen and mature, the wine maker has more methods to choose from than in regions where the wine maker must deal with the whims of Mother Nature.

Vichon Winery in the Napa Valley is a perfect example of a winery that defined a house style early on and has hewed to that style although the opulence and richness are not always evident.

Dr. George Vierra, a chemist who worked at both Charles Krug and Robert Mondavi wineries, has been making wines under the Vichon label since 1980. The style Vierra prefers in his Chardonnay and Sauvignon Blanc-blended wine is lean, crisp and austere, with a classical structure that shows the evidence of patience in the winery — and that demands patience in the cellaring.

It is a style not unlike that used by other wineries, yet Vierra has chosen to follow this line religiously, avoiding the temptation to make a bigger, fuller style of wine.

A squabble among the three owners of Vichon in 1984 led to the 1985 acquisition of Vichon by the Robert Mondavi Winery nearby. That led to the question of whether Mondavi's three children — Michael, Marcie and Tim — would attempt to change the style of wine Vichon was making.

That question may be partly answered by Vierra's decision to

stay. A longtime friend of the Mondavis, he has remained at the core of Vichon. But another part of the answer was clarified recently when Tim Mondavi, the young, talented wine maker of the clan, spoke of the style of wine that Vichon was famous for, and how things would progress.

"We don't plan any change in the style of Chardonnay," he said, adding that it doesn't conflict with the style of wine Mondavi makes.

This style of Chardonnay is made by few other wine makers in California. It accentuates the delicacy in the grape rather than the opulence one can extract from it.

Vierra believes that Chardonnay does best when its natural fruit is held in a lean, tight, tart package, with only a shadow of complexity when the wine is young. He wants a wine to take on grace and suppleness as time goes by.

This counters at least two trends in Chardonnay making of the last few years that have given the wine an overblown, massive structure. One such tactic calls for the wine to get an added jolt of oak flavoring by aging the wine in new, small barrels.

Another concept involves injecting a buttery component by using a malolactic fermentation — a process that converts one strong acid (malic acid) into a weaker one (lactic acid).

Tasting the latest Vichon Chardonnay — the 1983, which sells for \$15 — one still gets the impression of a fairly rich, spicy, substantial wine. But the most intriguing element of the wine is its crisp tartness and "long finish." The latter means the wine lasts on the palate for many

minutes after the sip is swallowed, and it is a quality that is highly prized.

Yet this sort of long finish is not that slightly sweet, floral, See WINE/Page 25

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CHICKEN PARMESAN 8.00

Breast of chicken sauteed in parmesan cheese, ladled with luscious meat sauce and covered with mozzarella cheese and baked. Side dish of spaghetti.

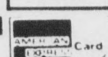
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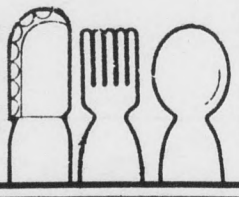
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ENTERTAINMENT & DINING GUIDE



'Wise Guys' an incredibly unfunny flick

By Bill Hagen
Copley News Service

HOLLYWOOD -- Director Brian De Palma isn't exactly renowned for chuckle-a-minute movies, but it really isn't shocking that he should take on a comedy, as he apparently has done with "Wise Guys."

I mean, he's done comedy before, or have you somehow forgotten "Get to Know Your Rabbit"? And then there also was "Scarface," but that probably doesn't count because it was strictly unintentional comedy.

And now comes "Wise Guys," which proves some things, one of them being that De Palma is to comedy what a cold sore is to romance.

And then there's the unquestioned supposition that all professional wrestlers have to be good actors. It's the nature of their business. In "Wise Guys" a hulk named Captain Lou Albano, identified as a former champion, body slams that theory into submission. He's laughably awful, which in a way is all right since it's the only laughable aspect of the movie.

The screenplay by George Gallo, which belies the maxim that inside everyone there is a good story waiting to be told, revolves around a couple of dolts named Harry (Danny DeVito) and Moe (Joe Piscopo), next-door neighbors and longtime friends with a vision of one day opening in Newark, N.J., an Italo-Judeo restaurant-deli.

Until they can, they work as flunkies for a high-powered gangster, entrusted with such duties as starting his car in the morning in case a competitor has wired a bomb to it.

They're also entrusted with placing large wagers for the boss at a racetrack. On one such mission, Harry, noting that the boss's track record, so to speak, has of late been rather abysmal, persuades Moe to bet the \$10,000 on a different horse. Harry and Moe will keep the

Review

winnings and open their own establishment.

Who could ever guess what happens? To end the suspense, the boss's horse wins, which means he has \$250,000 due him. Some mess for the guys, eh? It gets even messier but not a jot funnier.

The boss, sport that he is, decides to test the friendship and loyalty of Harry and Moe. He gives each a contract on the other, each being unaware of the arrangement, and if one of the contracts isn't fulfilled, both will be killed. Now it's up to Harry and Moe to outwit the boss and his henchmen. Out-half-wit them, anyhow.

Harry and Moe flee all the way to Atlantic City, the one place, of course, where the boss would never think of looking for them and a city in which he obviously has no contacts.

There they explain their plight to a friendly casino operator — aren't they all? — who agrees to help them out. Oh, meanwhile they're financing their Atlantic City spree with the hulk's credit card, and you can imagine how that adds to the hilarity, especially when the hulk finds out about it. He's so upset he can't even enjoy the bed of lobsters he's devouring.

The first problem with "Wise Guys" is that there's nothing rib-ticklingly funny about the basic premise of the story, not even as dark humor. The second is that De Palma never knows when to pull back. He apparently has no awareness of when something isn't working, which is most of the time.

Too, he overindulges some outrageous overacting, particularly by, but hardly restricted to, the two principals.

"Wise Guys" brings to mind the days when Frank Sinatra and his pack were cranking out movies primarily designed to keep each of them working and to please themselves. It's not hard to envision De Palma and his cohorts laughing heartily as

the daily rushes of "Wise Guys," congratulating each other on how funny they are.

"Wise Guys" does serve, however, to get in a lot of ethnic references and a lot of plugs for Resorts International.

DeVito and Piscopo spend most of their time yelling at and

insulting each other, as if the script weren't insult enough.

Albano spends most of his time grunting and inhaling food, or vice versa. Harvey Keitel, Ray Sharkey and Dan Hedaya mostly try to be sinister. The saddest waste is Patti LuPone, who has a brief role as DeVito's wife.

LuPone was the original "Evita," for which she won some prestigious awards.

"Wise Guys" is not only an incredibly unfunny comedy, it also even manages to make Newark seem unpleasant.

(The movie, "Wise Guys," rated R).

Illegally posted Skropos signs disappear

Campaign signs illegally posted in Chino by members of Gus Skropos campaign have been removed — but who removed them remains a mystery.

Earl Nelson, director of community development, said that about eight signs advertising the June election bid of San Bernardino County Supervisor Gus Skropos were removed from utility poles along Riverside and Central avenues by Monday's deadline.

Nelson had said earlier that if the signs remained in the public right-of-way Monday, city employees would remove them and possibly charge the Skropos campaign.

But the signs disappeared Monday — mysteriously. "We did not send anyone down there to remove them," said Skropos. "I have no idea how they came down. I can't speculate. It may be the same people who put them up."

The supervisor had pledged

last week not to remove the signs, claiming he was being "a little bit harassed" by city officials.

He said he thought workers from a company he hired to hang signs might have posted them illegally. He also said his campaign workers did not post signs in front of Chino City Hall, as claimed by city officials.

Nelson said city workers did remove a few signs hung by other campaigners along utility poles in Chino.



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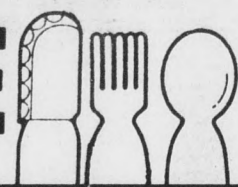
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ENTERTAINMENT & DINING GUIDE



ART SCENE

Arts Foundation

Randall Lewis, president of the Arts Foundation of San Bernardino County, on behalf of the board of directors, has announced the following grants.

They are being given to San Bernardino County art organizations to strengthen their ability to provide cultural events.

The organizations and amounts of the grants are:

- Chaffey Community Art Association, \$5,000.

- Fontana Mimmers Community Theater, \$5,000.
- City of Montclair Starlight Series, \$2,000.
- Pomona Valley Community Concert Association, \$5,000.

The following groups share ticket receipts from a Nordstrom gala in April for their participation:

- Arrowhead Opera Institute, \$40.
- Chaffey Community Art Association, \$290.
- Civic Light Opera Carriage

Club, \$320.

- Foothill Country Day School, \$200.
- Ontario Museum of History and Art, \$282.
- Pomona Valley Community Concert Association, \$40.
- Performing Arts of Rancho Cucamonga, \$1,140.
- Redlands Art Association, \$60.
- Redlands Community Music

Association, \$20.

- Redlands Symphony Association, \$940.
- Rex Wignall Museum and Gallery, \$2,470.

'Art to Wear'

"Art to Wear," an exhibit of woven garments by Pitzer College senior Nancy Wenzel, is

being displayed in the Hinshaw Gallery of the Grove House, located on the northeast corner of the Pitzer campus through Friday.

Gallery hours are from 1 to 4:30 p.m.

The garments featured in the show were woven on a floor loom, mostly with natural fibers such as silk and cotton.

Calendar/From Page 15

Overeaters Anonymous meets from 10 to 11:30 a.m. at the Lions Park Community Center, 9161 Base Line Road.

Chaffey Communities Cultural Center is open today, Thursday and Saturday from 1 to 4 p.m. at 525 W. 18th St., Upland. Admission to the museum is free.

The Upland/Ontario Optimists meet at noon at the Mural House, 1850 E. Holt Blvd., Ontario.

Rotary Club of Upland holds its weekly meeting today at 12:15 p.m. at The Arbor Restaurant, on Foothill Boulevard near Euclid Avenue in Upland.

Seniors from Fun After Fifty hold their weekly bingo at 2 this afternoon at the Senior Center, 352 E. C St. For more information, call 981-1033.

Upland Chapter 898 of Take Off Pounds Sensibly meets evenings from 6:30 to 8. For more information on TOPS or meeting location, call 985-3760.

The Rancho Cucamonga Toughlove Parent Support Group meets at 7:00 p.m. at Etiwanda High School, 13500 Victoria Ave., Etiwanda. The program helps parents and youth deal with family stress and provides techniques for firm, yet loving guidance for troubled teens. With parents and youth can attend. For information call 982-4831.

THURSDAY May 15

The Rancho Cucamonga Branch Library will have a storytime featuring songs,

Tenants, rental owners meet set

Tenants and rental owners can keep informed on their obligations by attending a free workshop on May 22 from 7-9 p.m. at the Ontario City Council Chambers, 303 E. B St., Ontario.

Topics to be discussed will be communications, areas of discrimination, housing mediation, default/foreclosure counseling and senior shared housing.

For more information, call the Inland Mediation Board at 987-8663.

poems, and fingerplays on Thursdays from 11:30 a.m. to noon for children aged 3-5 years old. The library is located at 9191 Base Line Road, Rancho Cucamonga. For more information, contact Gillian Ray at 987-3107.

Rancho Cucamonga Weight Watchers can weigh in at 9 a.m. and 6 p.m. today at 8372 Base Line Road.

The Homeowners and Renters Association meets every Thursday from 1 to 5 p.m. in the Neighborhood Center, 9791 Arrow Highway, Rancho Cucamonga. Call 982-5619 or 987-1618 for more information.

The New Life Ministries of Rancho Cucamonga holds "Search for Truth Non-Denominational Bible Studies" at 7:30 p.m. at the Rancho Cucamonga Neighborhood Center, 9161 Arrow Highway.

Upland Chess Club meets from 7 to 11 p.m. in the Community Center, 352 E. C St.

Full Gospel Businessmen's Prayer Breakfast is held every Thursday morning at 6:15 a.m. at the Iron Skillet Restaurant, H Street and Euclid Avenue in Ontario.

Soroptimist International of the Foothills holds a morning meeting every Thursday, at 7 a.m., at Coco's, corner of Euclid Avenue and Foothill Boulevard in Upland. For more information, call 980-7331.

Upland Host Lions meets at 12:15 p.m. every Thursday in the Upland Woman's Clubhouse, 590 N. Second Ave.

Al-Anon, family members of alcoholics, meets this evening from 8 to 9:30 at the Church of Jesus Christ of Latter-day Saints, 1111 W. 14th St., Upland, 8 to 9:30 p.m.

Alcoholics Anonymous meets from 8 to 9:30 at the Neighborhood Center, 9791 Arrow Highway in Rancho Cucamonga.

FRIDAY May 16

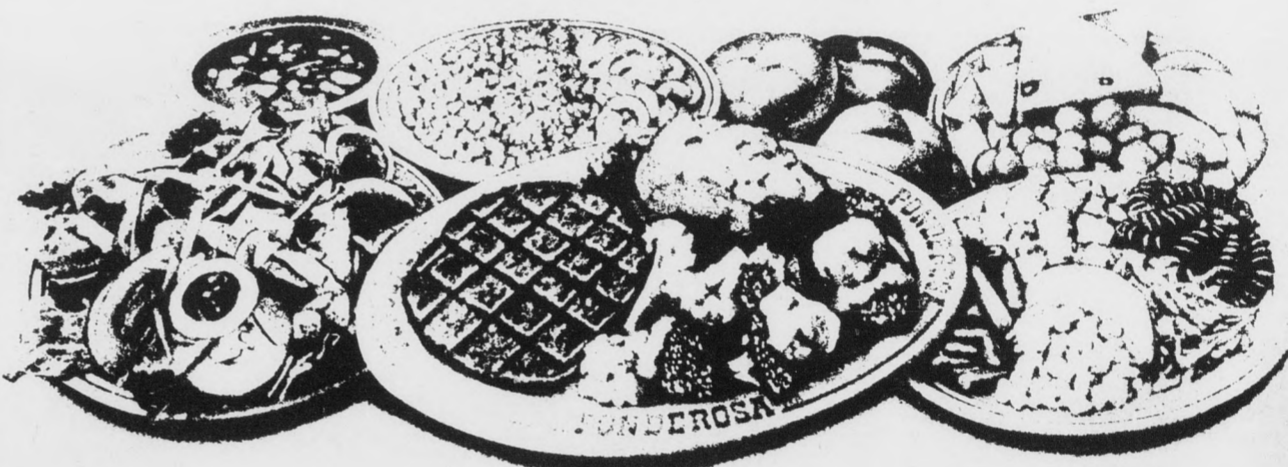
The Euclid Camera Club meets the first and third Friday of the month at 7:30 p.m. in the First United Church of Ontario at the northeast corner of Euclid Avenue and I Street. Visitors always are welcome. For more information, call 628-2796.

Rancho Cucamonga Weight Watchers can weigh in today at 9 a.m. at 8372 Base Line Road, Rancho Cucamonga.

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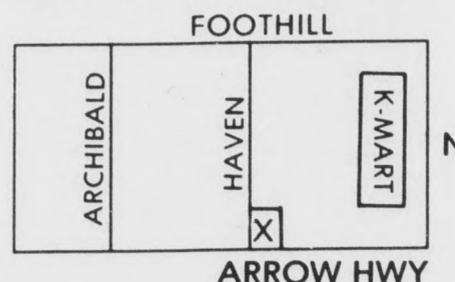
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Cities begin billing drunken drivers for wrecks

By Lori Moody

It's going to get more expensive to drink and drive — especially when a motorist causes a wreck.

West Valley law enforcement and fire agencies are taking advantage of a state law allowing municipalities to seek up to \$500 reimbursement for expenses incurred in sending out emergency personnel to the scene of such accidents.

"The law is an outgrowth of the public's concern for drunken drivers," said Philip Yenovkian, Upland police administrative assistant.

According to Article 8 of the Government Code, any person who negligently operates a motor vehicle, boat or aircraft while under the influence of a drug or alcohol, and who causes an incident resulting in an emergency response is liable for the costs.

The purpose is not to generate revenue, but to get the drunken driver to bear the cost of sending out officers to control traffic, paramedics to treat victims and whatever else is needed as a result of the mishap, Yenovkian said.

Based on figures supplied by the National Highway Traffic and Safety Administration, drunken driving accidents cost the city of Upland more than \$500,000 in 1985, Yenovkian said. That includes legal costs, insurance, medical care and emergency response time.

Upland police began sending out bills through the city's finance department about three weeks ago. It is the first agency in the West Valley to implement the law since it went into effect Jan. 1.

The agency has sent out at least nine requests for reimbursement, with bills averaging about \$45. The amounts increase as more agencies are included.

Other local agencies, such as Rancho Cucamonga sheriff's, Montclair, Fontana and Chino police, are researching implementing the law.

"I think it's excellent. It's (drunken driving accidents) a tremendous expense, not only incurred by the victim but by the public agency," Chino Traffic Officer Al Cheatham said.

The Montclair Fire Department, which already has a billing procedure for permits and building plan reviews, has "absolutely no reservations" in billing a drunken driver, said Division Chief Gary Turner.

Ontario police intend to seek reimbursement for 65 accidents which have occurred since January, said administrative assistant Lee Pearl. He estimated that most of the requests would run about \$100 each.

One of the incidents was a

fatal traffic collision. That bill could run close to the \$500 maximum amount, Pearl said.

Actually, if agencies were able to recover all the costs involved in a fatal traffic accident, including several days of investigation, the amount could

run into the thousands of dollars, Pearl said.

One Orange County police department figured that it costs more than \$700 to respond to an injury accident, said Marcia Gilchrist, administrative assistant for state Sen. Ed

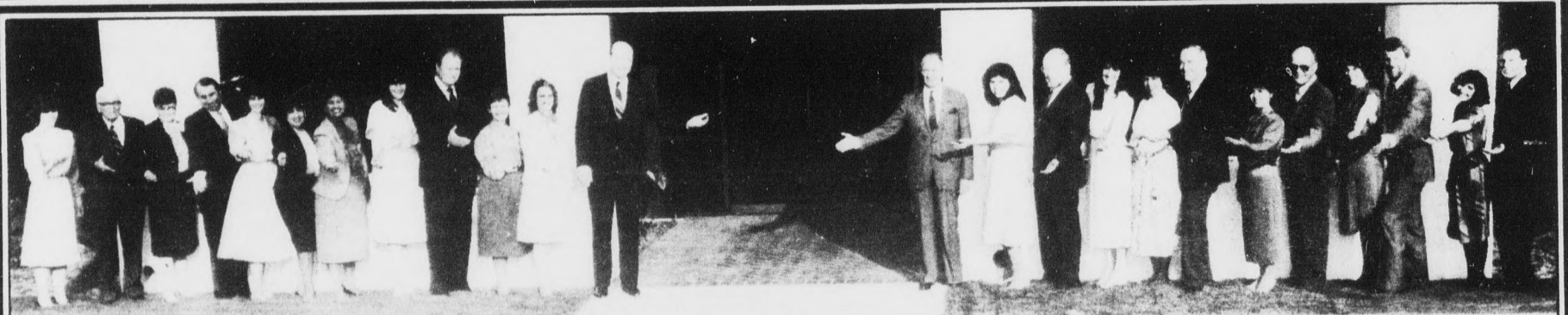
Royce, R-Anaheim.

As a result, Royce, the author of the law, is attempting to increase the limit to \$1,000.

However, motorists who have to fork over the cash are out of luck trying to recover the money through their insurance

companies. The law prohibits an insurance company from providing such coverage or paying the assessment.

If it turns out that the person is found not guilty later on in court, the money would be refunded, Turner said.



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* Replica

Wine/

from Page 21

peachy, pearlike, or even Rieslinglike element that so many Chardonnays have gotten in the last few years. By prohibiting the wine from going through the broadening malolactic fermentation, Vierra preserves more of the basic crisp structure of the wine. This is a key element in how the wine was made.

Another element of style is that Vierra uses only 130-gallon barrels (called puncheons) to age the wine. These larger barrels impart less oak flavor to the wine, yet give it an elemental character.

The development of Vichon's style is a blend of disparate elements that can be relied on, year after year. When you buy a Vichon Chardonnay, you will be getting a fairly crisp wine that lacks the obvious "lusciousness" of some California Chardonnays, but it is a wine that, with only a year or two of bottle age, takes on grand proportions.

Similarly, a Barrel Fermented Chardonnay made by Flora Springs winery in the Napa Valley (quite near Vichon,

actually) offers far more complexity than other "big style" wines.

Wine maker Ken Deis also prevents the wine from undergoing a malolactic fermentation. He obtains his note of complexity by using a different strain of yeast.

There are dozens of yeast strains used to ferment wine, and wine makers believe they yield different aromas in the wine. One of the most controversial strains is Montrachet yeast, which has been accused of spoiling more than one wine. Even the most careful wine maker has been hurt by this controversial yeast strain.

But Deis uses it with great care, and his 1983 Chardonnay "Barrel Fermented" (\$18) is as opulent as any wine on the market. It reminds me of a French Burgundy — decadent and delicious.

Another style variable is found in the barrels used by the wine maker. Some wine makers love to use the broad-grained Limousin oak of France, which imparts a light Cognac aroma to

the wine. Others like the more delicate Nevers or Tronçais oak.

But Ken Burnap, owner of Santa Cruz Mountain Vineyards, found a new type of oak, and the result is a spectacular wine.

The 1984 Santa Cruz Mountain Vineyard Chardonnay (unreleased, but to be priced at only \$9.50) is a delightful, intriguing wine with more subtle flavors than most other Chardonnays.

Burnap said he once asked one barrel maker what makes the great wines of Burgundy, and the barrel maker gave him the runaround. But over the years, the barrel maker and Burnap got to know each other, and in 1984, the barrel maker told him the secret: Voges.

He said the Voges oak barrels were the ones that often made the classic white Burgundies of France, so Burnap acquired some and used them in aging his

1984 Chardonnay. The result is a most appealing wine — and Burnap says he intends to continue using Voges oak for his Chardonnay because he likes the character it yields.

It is obvious that the development of style in Chardonnay is a combination of elements. No one has the right answer, but the quality of the various attempts makes us all winners.

Fitness/

from Page 13

Marathon unless I carbohydrate-loaded."

But the practice itself has decreased in popularity because the old way was so unpleasant due to the carbohydrate-depletion phase, she said.

"A lot of people don't know how to do it properly. They may try to increase the carbohydrates to 80 or 90 percent, which is really hard to do. Most people, though, can eat 70 percent carbohydrates by emphasizing Chinese foods and spaghetti. You eat a little from the meat group, four ounces of chicken or fish a day at the most. What you're pushing is the fruit, vegetable and grain groups (eight to 12 servings).

"There should be no more than two servings from the dairy group per day."

As a dietitian, Coleman always stresses nutrition from the four food groups (milk, meat, fruits and vegetables, breads and cereals). Her optimal breakdown for basic training and the first three days of carbo-loading:

Two servings apiece from the milk and meat groups.

Four servings each from the fruits and vegetables and breads and cereals groups.

For the 70-percent carbo-loading diet, followed the final three days before competition:

Two servings apiece from the milk and meat groups.

Eight servings apiece from the fruits and vegetables and breads and cereals groups.

For optimal effect, calorie consumption should remain

stable during the loading phase — no more, no less than during normal training. This may translate to at least 3,000 calories a day for men, 2,500 for women.

"The problem with eating 3,000 calories," said Coleman, "is that it's hard to get 70 percent of them from complex carbohydrates without getting full quickly. These carbohydrates (such as cereal, breads, fruits, vegetables, muffins, pasta) are high in fiber and very filling."

The solution: simple carbs to round out the competition diet. That means a green light for goodies like cakes, pies and cookies — in moderate amounts. Coleman's recommended amount: 50-60 percent complex, 10-20 percent simple.

"The best way is to eat small, frequent meals throughout the day," said Coleman, echoing the consensus of new-age nutritionists.

That might mean cereal for breakfast, a mid-morning snack of juice and crackers or a muffin, a lunch of split pea soup or beans and cornbread, a mid-afternoon snack of apple pie and an evening meal of spaghetti or Chinese food with the appropriate condiments.

Most modern nutritionists — with the exception of the very strict Robert Haas of "Eat to Win" notoriety — maintain that keeping fat consumption to 30 percent of calories is adequate. While devotees of Haas and the Pritikin diet claim 10 percent of fat is optimal.



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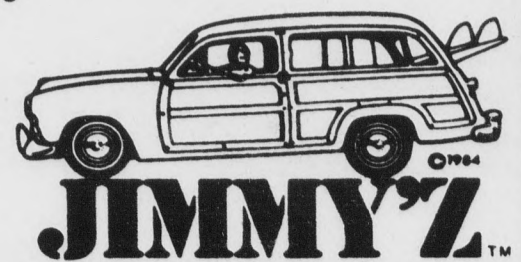
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Group/from Page 4

troubles with family and work as a result. Many times they don't even realize the crime was the cause.

"Most folks want to forget what happened so they keep themselves very busy," he said, adding that they still struggle internally with feelings of rage and humiliation.

When the perpetrators of the crimes are caught, some victims are only half vindicated because the fear lives on, Wysocki said. When the criminal isn't caught, it can even be worse.

"A lot of people who are victims never feel vindicated and, especially if the person in never caught, they often wonder, 'Is he still out there looking at

me?'" he said.

The group therapy also will help those who have a history of being victims to change their lifestyles.

For some, it's a matter of self-esteem, and with the help of others in the group, Wysocki hopes to give victims the confidence to get past their pain and take charge of their lives.

The group meets on Wednesday evenings. The \$35 cost is covered by most insurance, Wysocki said, adding that those who cannot afford the sessions will not be turned away.

For more information, call Anderson at 988-1496, or Wysocki at 980-3567.

Retiring/from Page 4

"A lot of people think they're getting a free ride and running around Europe spending taxpayers' money," Mason said.

There are still 3-5 instrumental positions that need to be filled for the tour. Two trombone players, including a bass trombone; a jazz trumpet player; a lead trumpet player and a lead bass guitar player are needed.

For the first time, a vocalist will accompany the ensemble this year.

Mason said he's looking forward to directing the band in front of European audiences.

"One of the things that sends chills up and down my spine is when they want an encore, they'll stamp their feet and clap their hands at the same time," he said. "We're very honored

that each time we played at Montreux, we received an encore."

R.C. councilman sees favorable ruling by county on annexation

By Marianne Aiken

A Rancho Cucamonga city councilman says he thinks the county will look favorably on a city attempt to annex about 750-800 acres north of the city limits.

The annexation would give the city power to block plans for a controversial rock quarry across the street from an Etiwanda neighborhood.

Mike Walker, director of the county flood control district, said he will take the proposal to an 11-member citizens advisory committee for a recommendation in about two weeks.

"We haven't made any recommendation to the Board of Supervisors as yet," Walker said.

Walker said the city sent the county a letter asking whether it supported the annexation or not.

That set off a chain of events that will start with the advisory committee, whose recommendation will go to the

Board of Supervisors, and then to the Local Agency Formation Commission (LAFC), Walker said.

Rancho Cucamonga Councilman Dick Dahl said if the land is declared surplus by the county flood control district, after it is annexed, one of the

county's concerns is that the city may lower density levels in the habitable portions of the parcel, making the land less valuable.

"One of the the things that was brought to my attention by the county was that we may rezone those areas downward."

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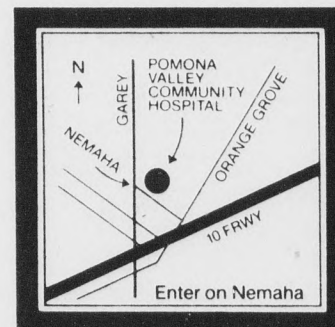
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Immunization clinics slated for toddlers

May 1986 is the fourth annual Toddler Immunization Month for the State of California.

Special immunization clinics will be held at the following locations:

- Summit Avenue School, 13394 Summit Ave., Etiwanda, Friday, 9:30-10:30 a.m.
- Central School, 7955 Archibald, Rancho Cucamonga, Friday, 1-2 p.m.
- Cucamonga Neighborhood Center, 9791 Arrow Highway, Rancho Cucamonga, Monday, 2-4 p.m.

Recent changes in the law require all parents to show their child's immunization record for registration.

A \$2 fee per child is charged, regardless of the number of immunizations received. No one is turned away due to inability to pay.

For more information, call 383-1441.

Detectors

/from Page 7

with smoke detectors range from about 35 percent of single-family dwellings in Ontario to about 60 percent of homes in Rancho Cucamonga.

Nobody disputes that smoke detectors save lives. Statistics kept by the state Fire Marshal's Office show that residential fires in California now are confined to their point of origin about 80 percent of the time, up from 50 percent 10 years ago. The increase is a direct result of the growing use of smoke detectors, state fire officials say.

Unfortunately, owning a smoke detector doesn't always guarantee safety for the people it's supposed to protect. A 13-year-old Pomona girl almost died last August after being overcome by smoke from a fire. Her house had two smoke detectors, but her father had taken the batteries out and had neglected to replace them.

The Pomona girl was lucky. Two toddlers died in an Ontario house fire in 1976; the family had recently been given a smoke detector, but it was never taken out of its box.

"The only problem with mandatory smoke detectors is that you can't make people maintain them," said Hawthorne.

Try as they might, fire officials can't make people buy them, either. According to Hawthorne, some people don't realize how simple smoke detectors are to install; others might think the smoke will wake them up in time to put out the fire.

"They won't go to the store and spend \$10 for the cheapest form of insurance they can buy," said Alexander.

New Toys

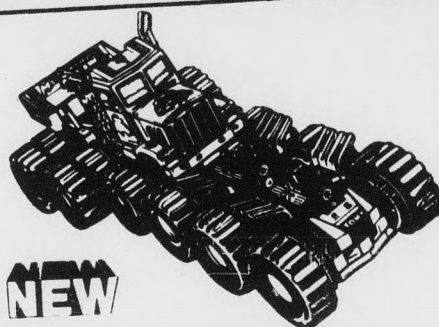
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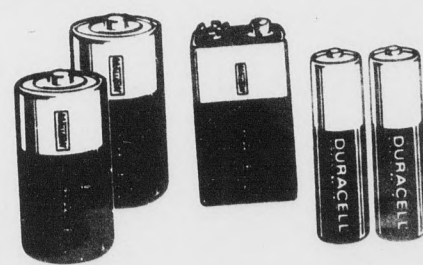
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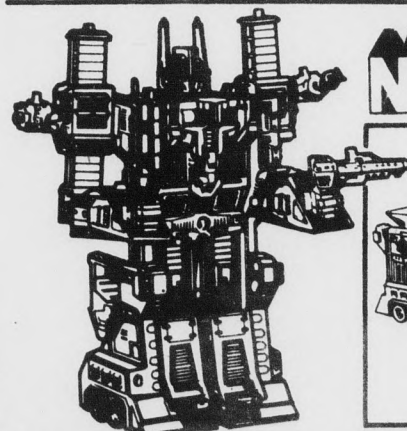
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SPORTS

UHCC honors to Royal

Tammy Royal edged Robin Perdomo by two shots over a three-week span and won the Upland Hills Country Club Women's Association championship.

Royal posted a score of 240 to grab the title. Joyce Hall tallied an adjusted score of 185 for low net honors.

In the first flight, Tedi Butler took low gross honors (261) while Phyllis Page was low net winner (202). In the second flight, Joyce Hall had the best score (272) while JoAnn Sterba was first among net scores (197).

Chris Long carded a 295 to win low gross honors in the third flight, while Mag Spillane and LaVerne Reilly tied for first in low net at 205.

Del Higley's 320 was the low gross winner among fourth flight competitors, while Joan Clark took low net with a 206 score.

Club president Mary Stewart will present trophies and awards at the annual general meeting, scheduled for May 22 at DiCenno's in Upland.



Alexander Gallardo

Upland Hills Country Club Women's Association president Mary Stewart (right) poses with some of the winners of the club championship. From left, LaVerne Reilly, low net winner in the third flight; Phyllis Page, first flight low net winner; and JoAnn Sterba, low net victor in the second flight. Club champion Tammy Royal is not pictured.

Baldy View girls take four firsts

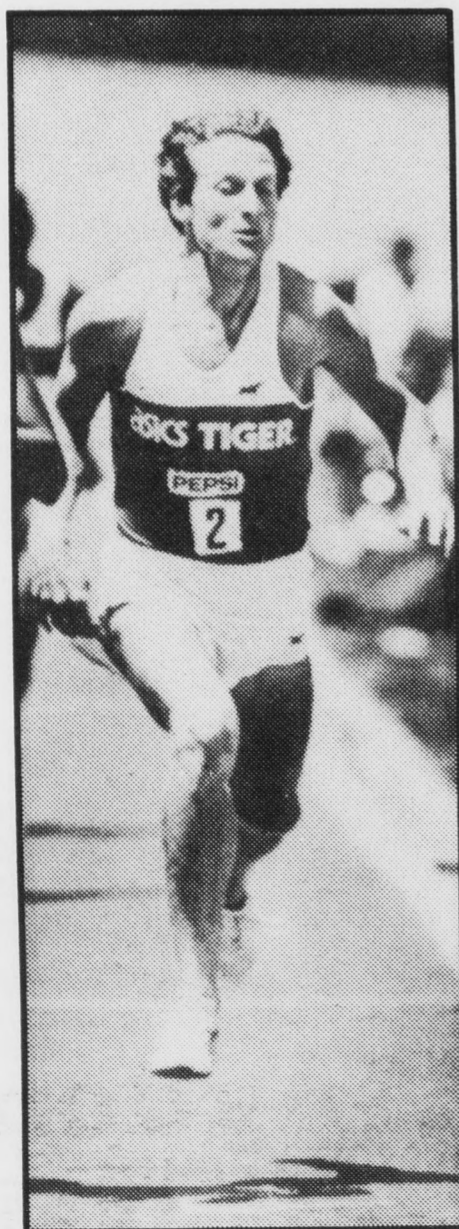
Four members of the Baldy View Gymnastics group recently took first place in all around competition at a United States Gymnastic Federation Class IV preliminary meet.

Baldy View finished second in team competition limited to girls in novice (eight years and below), children (9-11), juniors (12-14) and seniors (15 and above). A total of 75 girls participated in closed (first time) and open competition.

April Gall'e was first in junior closed with a 32.0 total in the all round, scoring a first in the vault (8.8) and third in the uneven bars (8.0). Bonnie Roth's 33.8 was first in junior open with firsts in the beam (8.5) and vaulting (8.3), a second in the bars (8.0) and third on the floor exercise (9.0).

Tracy Davison was first in the senior closed with a 27.9 overall, which included firsts in the vault (8.0) and balance beam (7.9).

The other all around first was recorded by Michelle Beardenm who scored a 31.8. She was first on the floor exercise (8.8) and bars (8.4), along with a second on the beam (7.9).



Steve Scott

Scott enters Pepsi meet

Steve Scott, the American mile record holder, has accepted a bid to compete in the ninth annual Pepsi Invitational track meet May 17 at UCLA's Drake Stadium.

The former Upland High School star, who turned 30 this week, has a 3:47.69 lifetime best for the mile, recorded in 1982. The mark still stands as the fourth best ever in the world.

The 6-foot-1, 165-pound Scott had a string of five consecutive Pepsi mile victories snapped last year. He was defeated in dramatic fashion at the wire by Joaquim Cruz, the 800 meters Olympic champion from Brazil.

Cruz will return to defend his title. Also in the field will be 800 meter Olympic bronze medalist Earl Jones, making his first serious bid in the mile.

Ruttman set

ATLANTA — Joe Ruttman, one of 14 NASCAR drivers voted into the unique Atlanta Invitational field by Winston Cup racing fans, believes he has a legitimate shot at the \$75,000 top prize.

The race, companion to the \$1 million Winston, is scheduled for Saturday over the 1.522-mile oval.

Ruttman, who moved from his Upland home to North Carolina when he joined the NASCAR circuit, is off to his best start in the stock car ranks. He already has a pair of second place finishes at North Wilkesboro, N.C. and Martinsville, Va.

One of the reasons Ruttman is optimistic about the Invitational is the result of three days of testing at Atlanta last month.

"We learned some things testing that should really help us in the Invitational," Ruttman said. "We've got a 100 percent better car than we had for the March (Motorcraft 500) race."

Ruttman is driving Buick LeSabre owned by drag racing standout Kenny Bernstein and sponsored by Quaker State. The Atlanta Invitational, contested this year for the first time, is a \$300,000 preliminary to the Winston, a bonus race that pits all the 1985 winners. The winner of the Invitational will earn a spot in the Winston for 1987.

'73 Lasers

The 1973 Alta Loma Lasers will hold tryouts for the upcoming fall season May 18 at Cucamonga Junior High School beginning at 3 p.m.

Mountain View B League

champions, the Lasers are looking for boys born in 1975 with above average soccer skills. Additional information is available by calling 989-3805 or 989-9404.

Upland Legion

Tryouts for the Upland American Legion baseball squad have been scheduled for Sunday at 10 a.m. at Memorial Park.

This summer will mark the 39th year Upland has fielded an American Legion entry. Upland will also host the 26th annual Fourth of July Tournament.

Additional information is available by calling 985-1446.

'75 Lasers

A new team for boys born in 1975 is being formed under the Alta Loma Lasers banner. Additional information on the new club maybe obtained by calling 989-6839.

Alta Loma LL

Alta Loma Little League has extended the registration period for the Senior Major and Senior baseball programs.

Boys ranging in age from 13 to 15 and are interested in playing this summer can obtain additional information by calling 989-5129.

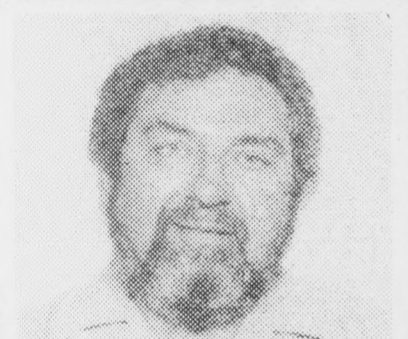
Church to host two-part marital team seminar

Community Baptist Church will be hosting a Marital Team Building Seminar (in two parts) Thursday, May 22 from 7-10 p.m. and Saturday, May 24, from 8:30 a.m.-6 p.m.

The seminar offers a unique and refreshing opportunity to rediscover how each partner was made for each other. Learn how to build on your own strengths to complement your partner's weaknesses.

Don and Lois Weaver from International School of Theology will lead this time together. Advanced registration of \$15 is required with the balance of \$20 payable at the seminar. Make your check payable to: Community Baptist Church, 9090 19th St., Alta Loma.

For more information call 987-8594 between 8 a.m. and 5 p.m. or Albert at 987-7965 evenings.



L.J. "Bud" Keeney "H.O.T. TIPS" (HOUSE OF TOOLS)

Soap is often suggested as a lubricant to help when driving screws into hardwood. Unfortunately, soap readily absorbs moisture from the atmosphere. This can lead to rusting that may ruin the appearance of light-colored woods. Try beeswax, it works just as well and won't lead to rusting.

Double-sided carpet tape is particularly useful whenever duplicate parts are being cut to shape on the bandsaw. By simply taping two pieces together, and cutting or sanding them as one. The profile on both pieces will be exactly the same. When the pieces are complete, the double-faced tape can be easily removed.

Only occasionally are door knobs used to open doors. More often they are used to hang objects on, such as purses and clothing. There are never enough door knobs available. Take your old unused door knobs, polish them and mount them on a nice wooden base. Hang this plaque on the wall and everyone will have all the door knobs they need.

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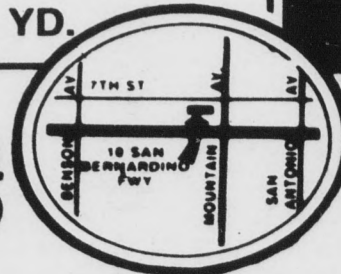
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900 Public Notice

NOTICE OF TRUSTEE'S SALE T.S. No. F-4679/1-1770674

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED FEBRUARY 23, 1984, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On MAY 22, 1986 at 11:30 a.m. CENTRALFED FINANCIAL CORPORATION, as duly appointed Trustee under and pursuant to Deed of Trust recorded FEBRUARY 24, 1984, as inst. No. 84 042696, of Official Records in the office of the County Recorder of SAN BERNARDINO County, State of CALIFORNIA. Executed by HOSSEIN SHAHANI, A MARRIED MAN WHO ACQUIRED TITLE AS A SINGLE MAN, WILL SELL AT PUBLIC AUCTION FOR CASH (payable at time of sale in lawful money of the United States) AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 351 NORTH ARROWHEAD AVE., SAN BERNARDINO, CALIFORNIA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

ALL THAT PORTION OF BLOCK 3 OF ARBOL VERDE TRACT, AS PER PLAT RECORDED IN BOOK 18 PAGE 60 OF MAPS, RECORDS OF SAID COUNTY, DESCRIBED AS FOLLOWS:

BEGINNING AT A POINT IN THE SOUTH LINE OF SAID BLOCK 3, DISTANT 150 FEET NORTH 82° 54' 30" EAST FROM THE SOUTH WEST CORNER OF SAID BLOCK 3;

THENCE ALONG SAID SOUTHERLY LINE OF BLOCK 3, NORTH 82° 54' 30" EAST 50 FEET;

THENCE NORTH 6° 58' 30" EAST 114.39 FEET TO THE POINT OF BEGINNING;

EXCEPTING THEREFROM ANY PORTION WHICH MAY LIE WITHIN THAT PROPERTY CONVEYED TO PEARL C. HUTCHINSON, A WIDOW, BY DEED RECORDED SEPTEMBER 10, 1974, IN BOOK 858 PAGE 52 OF DEEDS.

ALSO EXCEPTING THEREFROM ANY PORTION WHICH MAY LIE WITHIN THAT PROPERTY CONVEYED TO MARIA CONSUELO VALASCO BY DEED RECORDED DECEMBER 14TH, 1977 IN BOOK 308 PAGE 115 OF OFFICIAL RECORDS.

The street address and other common designation, if any, of the real property described above is purported to be: 2593 HUNTINGTON DRIVE, UPLAND, CALIFORNIA.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$73,639.88.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand For Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: APRIL 17, 1986.

CENTRALFED FINANCIAL CORPORATION AS TRUSTEE BY BENEFAC AS AGENT OF THE TRUSTEE 3888 CALLE FORTUNADA SAN DIEGO, CA 92123 (619) 268-4630

Attn: Foreclosure Dept. By: /s/MARGARET JACKSON

Authorized Signature Publish: May 1, 8, 15, 1986 Upland News (DC13400)

900 Public Notice

NOTICE OF DEATH OF TERRY GEORGE WARREN AND OF PETITION TO ADMINISTER ESTATE CASE NO. PW-5156

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of: TERRY GEORGE WARREN, TERRY G. WARREN.

A petition has been filed by DAVID P. WARREN in the Superior Court of San Bernardino County requesting that DAVID P. WARREN be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on May 30, 1986 at 8:00 A.M. in Dept.: 3, located at 1540 North Mountain Avenue, Ontario, California 91762.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may serve upon the executor or administrator, or upon the attorney for the executor or administrator, and file with the court with proof of service, a written request stating that you desire special notice of the filing of an inventory and appraisal of estate assets or of the petitions or accounts mentioned in sections 1200 and 1200.5 of the California Probate Code.

Attorney for petitioner: R. William Smith, Esq., SMITH & WARREN, 3452 E. Foothill Blvd., Suite 425, Pasadena, California 91107. /s/R. WILLIAM SMITH

Attorney for Petitioner Publish: May 8, 15, 22, 1986 Upland News (DC14269)

NOTICE OF DISSOLUTION OF PARTNERSHIP

Public notice is hereby given that Betty Hellenenthal and Douglas Schultz, heretofore doing business under the fictitious firm name and style of WESTSIDE SERVICES at 942 West Ninth Street, City of Upland, County of San Bernardino, State of California, did on the 10th day of January, 1986, by with drawing, dissolve the said partnership and terminate their relations as partners therein.

Said business in the future will be conducted by Douglas Schultz, who will pay and discharge all liabilities and debts of the firm and receive all monies payable to the firm. Further notice is hereby given that the undersigned will not be responsible, from this day on, for any obligation incurred by the other in his own name or in the name of the firm.

DATED AT Upland, California, this 7th day of February, 1986.

/s/BETTY HELLENENTHAL Publish: May 8, 1986 Upland News (DC14442)

NOTICE OF TRUSTEE'S SALE

No. 593474
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04-20-85. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT

900 Public Notice Continued

A LAWYER.

On 05-22-86 at 02:30 P.M. TRANSAMERICA TITLE INSURANCE CO. as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 06-21-85, as Instrument No. 85 150612 of Official Records, executed by: DONALD W. HOHMAN as Trustor(s), in the office of the County Recorder of SAN BERNARDINO County, State of California, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States) at: THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 351 NORTH ARROWHEAD, SAN BERNARDINO, CA 00000 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

LOT 4, BLOCK 30 OF SAN ANTONIO HEIGHTS, AS PER MAP RECORDED IN BOOK 4 OF MAPS, PAGE 48, IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. The street address and other common designation, if any, of the real property described above is purported to be: 2550 CLIFF RD., UPLAND, CA 91786.

B. KAY MONTGOMERY C/O CLEAVER, BECK & COMPANY (213) 873-6113.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, for the amount reasonably estimated to be: \$30,882.52.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand For Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date: 04-22-86.

TRANSAMERICA TITLE INSURANCE COMPANY AS TRUSTEE By: /s/ANN BURKLEY Assistant Secretary P.O. Box 359 Santa Ana, CA 92702 Publish: May 1, 8, 15, 1986 Upland News (DC13614)

NOTICE INVITING BIDS

Notice is hereby given that the City of Upland will receive sealed bids for the following:

Storm Drain Project - Avalon Court and Third Avenue (Project No. 3708)

Specifications and bid blank may be obtained in the Purchasing Department, 460 North Euclid Avenue, Upland, California. Bids must be returned before 2:00 p.m., June 2, 1986, at which time bids will be opened and publicly read in the City Hall, Upland, California.

The City Council of the City of Upland reserves the right to reject any and all bids, to accept a minor variance in a bid, to reject and/or waive a variance in a bid, to waive any informality in a bid or accept the bid or bids that best serve the interest of the City.

S. LEE TRAVERS City Manager City of Upland

Publish: May 8, 15, 1986 Upland News (DC14321)

NOTICE OF TRUSTEE'S SALE

T.S. No. TSW 2183

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED OCTOBER 07, 1983, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On MAY 29, 1986, at 11:30 A.M. Seaside Financial Corporation, A CALIFORNIA CORPORATION, as duly appointed Trustee under and pursuant to Deed of Trust recorded OCTOBER 12, 1983, as inst. No. 83-238832, of Official Records in the office of the County Recorder of SAN BERNARDINO County, State of California. Executed by Darrell N. Echols and Barbara S. Echols, husband and wife, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main entrance to the County Court house, 351 North Arrowhead Av-

900 Public Notice Continued

enue, San Bernardino, California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 11, Tract No. 10721, in the City of Upland as per plat recorded in Book 154 of maps, page (5) 38 and 39, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 1180 Rae Court, Upland, CA 91786.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$203,517.55.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand For Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date: APRIL 30, 1986.

SEASIDE FINANCIAL CORPORATION AS TRUSTEE

By: TRUST DEED SECURITY SERVICES, INC. as Agent 12440 Firestone Blvd. Suite 320 Norwalk, CA 90650 213/ 929-8885

By: /s/VIRGINIA RENDON Authorized Signature

Publish: May 8, 15, 22, 1986 Upland News (DC14529)

900 Public Notice Continued

NOTICE OF DEATH OF VIRGINIA ELIZABETH MILLER AND OF PETITION TO ADMINISTER ESTATE CASE NO. PW-5147

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of: VIRGINIA ELIZABETH MILLER, aka VIRGINIA E. MILLER.

A petition has been filed by SHIELA K. GUINARD in the Superior Court of San Bernardino County requesting that SHIELA K. GUINARD be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on June 6, 1986 at 8:00 A.M. in Dept.: D-3 ONT, located at 1540 North Mountain Avenue, Ontario, California 91762.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may serve upon the executor or administrator, or upon the attorney for the executor or administrator, and file with the court with proof of service, a written request stating that you desire special notice of the filing of an inventory and appraisal of estate assets or of

900 Public Notice Continued

attorney for the executor or administrator, and file with the court with proof of service, a written request stating that you desire special notice of the filing of an inventory and appraisal of estate assets or of the petitions or accounts mentioned in sections 1200 and 1200.5 of the California Probate Code.

Attorney for petitioner: G. STEVEN CUEVAS, 1002 NO. ROSS STREET, SANTA ANA, CA 92701. By: G. STEVEN CUEVAS

Attorney for Petitioner Publish: May 8, 15, 22, 1986 Upland News (DC14201)

NOTICE OF DEATH OF MARGUERITE E. HAYDEN AND OF PETITION TO ADMINISTER ESTATE CASE NO. PW-5157

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of: MARGUERITE E. HAYDEN.

A petition has been filed by WILLIAM D. HAYDEN in the Superior Court of San Bernardino County requesting that WILLIAM D. HAYDEN be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on June 6, 1986 at 8:00 A.M. in Dept.: 3, located at 1540 North Mountain Avenue, Ontario, California 91762.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may serve upon the executor or administrator, or upon the attorney for the executor or administrator, and file with the court with proof of service, a written request stating that you desire special notice of the filing of an inventory and appraisal of estate assets or of

900 Public Notice Continued

the petitions or accounts mentioned in sections 1200 and 1200.5 of the California Probate Code.

Attorney for petitioner: WITTER AND HARPOLE, 610 Newport Center Dr., Suite 1530, Newport Beach, CA 92660.

/s/DEBRA M. OLSEN Attorney for Petitioner Publish: May 8, 15, 22, 1986 Upland News (DC14531)

NOTICE TO CREDITORS SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO

Estate of EMILY IRENE HOUE, aka EMILY I. HOUE, aka EMILY HOUE. Deceased.

No. 47105
NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to present them, with the necessary vouchers, to the undersigned at Hutton, Foley, Anderson & Bolles, Inc., 510 Broadway, P.O. Box 26, King City, California 93930 which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated: April 24, 1986. PAUL R. HOUE MARY RITA ECHENIQUE Administrators of the estate of the above named decedent

HUTTON, FOLEY, ANDERSON & BOLLES, INC. Attorneys-in-Law

510 Broadway, P.O. Box 26 King City, California 93930 Telephone: (408) 385-5428 Attorneys for Administrators

Publish: May 8, 15, 22, 1986 Upland News (DC14292)

NOTICE OF SALE OF REAL PROPERTY AT PRIVATE SALE No. CPW 231

In the Superior Court of the State of California, in and for the County of SAN BERNARDINO

In the Matter of the Conservatorship of the Person and Estate of

ADAA. LEAVELLE Conservatee.

Notice is hereby given that the undersigned will sell at private sale, to the highest and best bidder, subject to confirmation of said Superior Court on or after the 23rd day of May, 1986, at the office of YOUNG, HENRIE, HUMPHRIES & MASON, 100 Pomona Mall West, Pomona, County of Los Angeles, State of California, all the right, title and interest of said conservatee, in and to all the certain real property situate in the City of Upland, County of San Bernardino, State of California, particularly described as follows, to wit:

The West 94 feet of Lots 1 and 2, Block 648, N.W. Stowell's Subdivision, as per plat recorded in Book 5 of Maps, page 18, records of San Bernardino County, more commonly known as: 208 South Euclid Avenue, Upland, California.

Terms of sale cash in lawful money of the United States on confirmation of sale, on the property so sold. Ten per cent of amount bid to be deposited with bid.

Bids or offers to be in writing and will be received at the aforesaid office at any time after the first publication hereof and before date of sale.

Dated this 7th day of April, 1986.

KENNETH C. WALKER Conservator of the Estate of said Conservatee

YOUNG, HENRIE, HUMPHRIES & MASON Attorney-at-Law 100 Pomona Mall West Pomona, CA 91766

Publish: May 8, 15, 22, 1986 Upland News (DC14288)

NOTICE OF TRUSTEE'S SALE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED APRIL 11, 1983. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On Wednesday, May 28, 1986, at 9:00 A.M., Raymond P. Van Stockum, as duly appointed Trustee under and pursuant to deed of trust, recorded June 21, 1983, as Instrument No. 83-136217 of official records of San

900 Public Notice Continued

Bernardino County, executed by GASPAR SOUSA and VANDA SOUSA, husband and wife as Trustors, in the office of the County Recorder of San Bernardino County, State of California, will sell at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States) at the entrance to the lobby of the Magnolia Professional Centre, located at 404 North Second Avenue, in the City of Upland, County of San Bernardino, State of California, all right, title and interest conveyed to and now held by the substituted trustee under said deed of trust in the property situated in said County and State described as:

The Westerly 46.3 feet of Lot 13, Blakeslee's Subdivision, as per plat recorded in Book 17 of Maps, page 11, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be 858 West Arrow Highway, City of Upland, County of San Bernardino, State of California.

If a street address of common designation is shown above, no warranty is given as to its completeness or correctness.

The beneficiary of said deed of trust by reason of a breach or default in the obligation secured thereby, heretofore executed and delivered to the undersigned a written declaration of default and demand for sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligation, and thereafter the undersigned predecessor caused said notice of breach and of the election to be recorded December 30, 1985, as Instrument Number 85 32087 of the official records of San Bernardino County.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust to wit: \$17,768.78, including interest and advances thereon from January 21, 1985, at 11% per annum plus costs of \$595.00 with interest.

To determine the opening bid, you may call (714) 946-6679. DATED: April 23, 1986. /s/RAYMOND P. VAN STOCKUM Trustee

404 North Second Avenue P.O. Box 638 Upland, CA 91785 (714) 946-6679

Publish: May 8, 15, 22, 1986 Upland News (DC14276)

GEN. OFFICE/ACCTG. 10-key adding machine exper. required. Will involve computer input & telephone contact w/clients. Small Agri-Business Mgmt. Consulting firm located in Ran. Cucamonga. Starting salary based on exper. 980-5338

HIRED

within one week!

1979 VW BUS, 2000 engine, fuel inject., low mi, good condition! \$4000/obo. Death of husband forces sale! 964-6934 (PERS).

Classified Advertising

983-3511

LEGAL ADVERTISING 983-3511

Public Notice

T 045623
NOTICE OF TRUSTEE'S SALE
T. S. No. 86103

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AUGUST 23, 1984, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On May 23, 1986, at 9:00 A.M. Commonwealth Land Title Company as duly appointed Trustee under and pursuant to Deed of Trust executed by Crowder Development Corporation, a California Corporation as Trustor for the benefit and security of Florida Federal Savings and Loan Association as Beneficiary, dated AUGUST 23, 1984, and recorded as Instrument No. 84-203427 on August 24, 1984, San Bernardino County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, A CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A STATE OR FEDERAL CREDIT UNION, OR A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION DOMICILED IN THE STATE OF CALIFORNIA (payable at time of sale in lawful money of the United States) at the entrance to the San Bernardino County Courthouse, 351 North Arrowhead, San Bernardino, California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lots 3 through 10, inclusive, of Tract No. 7087, as per plat recorded in Book 91 of Maps, Pages 3 and 4, Records of San Bernardino County. Which is also known as: Parcel No. 1, Parcel Map No. 8541, in the City of Upland, County of San Bernardino, State of California, as per map recorded in Book 89 of Parcel Maps, Pages 91 and 92, in the office of the County Recorder of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 1425 West Foothill Blvd., Upland, California

THE UNDERSIGNED TRUSTEE DISCLAIMS ANY LIABILITY FOR INCORRECT INFORMATION FURNISHED. THAT said sale made without covenant or warranty regarding title, possession or encumbrances, or as to insurability of title. THAT total amount of the unpaid balance of said obligations together with advances, and estimated costs and expenses, is \$3,265,871.98.

THAT notice of breach of said obligation and election to sell said real property was recorded as Instrument No. 86-012920 on January 17, 1986 of Official Records in the office of the County Recorder of San Bernardino County, State of California.

Commonwealth Land Title Company, a California Corporation
By: Jay M. Weiss
Assistant Vice President
Trustee or party conducting Sale
Commonwealth Land Title Company
2049 Century Park East, Suite 1070
Los Angeles, California 90067
(213) 551-1250
Date: April 18, 1986
Apr. 24, May 1, 8, 1986
Upland News (DC12843)

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED November 5, 1984, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE OF TRUSTEE'S SALE
No. PSC 11-219
413405-7

On May 22, 1986, at 11:30 A.M., Gramercy Mortgage Corporation, a California corporation, as duly appointed Trustee under and pursuant to the Deed of Trust recorded November 15, 1984 as instrument No. 84-274064 of Official Records, executed by Bruce R. Morehouse, an unmarried man, as Trustor, in the office of the County Recorder of San Bernardino County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States) at:

the North entrance to the San Bernardino County Courthouse, 351 North Arrowhead Avenue, San Bernardino, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the

property described as: PARCEL NO. 1: CONDOMINIUM UNIT: Unit 29, as shown on that certain Condominium Plan for Phase 1, recorded on April 24, 1984, Instrument No. 84-095577, Official Records of San Bernardino County, California (hereinafter referred to as the "Condominium Plan"), and as defined in the Declaration of Restrictions for Arrow Park, recorded April 24, 1984, Instrument No. 84-095578, Official Records; Re-recorded June 4, 1984, Instrument No. 84-130471, Official Records; and Re-recorded June 29, 1984, Instrument No. 84-154407, Official Records of said County (hereinafter referred to as the "Declaration"), and located on that certain real property located in the City of Upland, in the County of San Bernardino, State of California, more particularly described as Lot 1 of Tract No. 12436, as shown on a map recorded on February 23, 1984 in Book 171 of Maps, Pages 13 to 15, inclusive, in the office of the County Recorder for San Bernardino County.

PARCEL NO. 2: UNDIVIDED INTEREST IN COMMON AREA: A 1/45th undivided fractional fee interest in and to all of the Real Property located in the City of Upland, in the County of San Bernardino, State of California, more particularly described as Lot 1 of the aforesaid Tract No. 12436, together with all improvements thereon (excepting therefrom all of the condominium units located thereon as shown in the Condominium Plan), subject to the following:

(A) The right which is hereby expressly reserved by Grantor to grant to owners of condominiums located on property which is annexed to the above-described Lot 1, pursuant to that Article contained in the Declaration entitled "ANNEXATION OF ADDITIONAL PROPERTY", nonexclusive easements appurtenant to such owners' condominium units on, over and across the common area of Lot 1, as defined in the Declaration;

(B) All of the exclusive restricted common area easements located thereon, as set forth in the Declaration and shown in the Condominium Plan; and

(C) All other matters set forth in the Declaration or otherwise of record.

PARCEL NO. 3: EXCLUSIVE EASEMENT OVER RESTRICTED COMMON AREA: An exclusive easement appurtenant to such Condominium Unit on, over and across the restricted common area as signed to such Condominium Unit, as set forth in the Declaration and shown on the Condominium Plan.

PARCEL NO. 4: NON EXCLUSIVE EASEMENT OVER COMMON AREA OF LOT 1: A nonexclusive easement appurtenant to such Condominium Unit for ingress, egress, use and enjoyment on, over and across those portions of the common area of Lot 1 not set aside in the Declaration or shown in the Condominium Plan as restricted common area. The street address and other common designation, if any, of the real property described above is purported to be: 964 West Arrow Highway, Unit A, Upland, California.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Public Notice Continued

By: SUE KELLY
Authorized Signature
8936 South Sepulveda Blvd.
Los Angeles, California
90045
(213) 568-8885
Publish: April 24; May 1, 8, 1986
Upland News (DC12589)

NOTICE OF TRUSTEE'S SALE
NO. 0708

On May 28, 1986 at 11:00 a.m. Riverside Loan Service, Inc., a California corporation as Trustee, or Successor Trustee, or Substituted Trustee, of that certain Deed of Trust executed by Virgil O. Sullivan and Patricia A. Sullivan, husband and wife, and recorded November 12, 1982 as Instrument No. 82-225996, of Official Records of San Bernardino County, California, and pursuant to that certain Notice of Default thereunder recorded September 9, 1985 as Instrument No. 85-218517, of Official Records of said County, will under and pursuant to said Deed of Trust sell at public auction for cash, lawful money of the United States of America, a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association domiciled in this state, at the North entrance to the 1st American Title Insurance Building, located at 323 Court Street, San Bernardino, California, all that right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 2, Tract No. 6519 as per plat recorded in book 84 of maps, pages 4 and 5, records of said County.

The street address or other common designation of said property is purported to be: 1204 Dickinson Court, Upland, CA 91786. Trustee herein disclaims liability as the validity and/or correctness of street address as set forth herein.

Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the unpaid balance due on the note or notes secured by said Deed of Trust, to wit: \$14,500.00, plus the following estimated costs, expenses and advances at the time of the initial publication of this Notice of Sale: \$11,239.68.

NOTICE TO PROPERTY OWNER
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED November 2, 1982, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

DATED: April 22, 1986.
RIVERSIDE LOAN SERVICE, INC.
(Trustee's Name or Other Person Conducting Sale)
6529 Riverside Ave.
Suite 150
Riverside, CA 92506
DANIELA A. REIMEL, SR.
President
(714) 781-6630
Publish: May 1, 8, 15, 1986
Upland News
TAC #10248 (DC13619)

NOTICE OF TRUSTEE'S SALE
ALL INCLUSIVE
DEED OF TRUST
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On May 16, 1986, at 9:00 A.M., Peter H. Norell, as duly appointed Trustee under and pursuant to Deed of Trust recorded June 5, 1985, as inst. No. 85-133560, of Official Records in the office of the County Recorder of San Bernardino County, State of California, Executed by Albert Battino, an unmarried man, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at 545 No. Mountain Ave., Upland, California 91786 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

LOT 3 OF TRACT 8754, as per Map recorded in Book 121, Pages 23 and 24 of Maps, in the office of the County Recorder of said County.

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Public Notice Continued

By: SUE KELLY
Authorized Signature
8936 South Sepulveda Blvd.
Los Angeles, California
90045
(213) 568-8885
Publish: April 24; May 1, 8, 1986
Upland News (DC12589)

NOTICE OF TRUSTEE'S SALE
NO. 0708

On May 28, 1986 at 11:00 a.m. Riverside Loan Service, Inc., a California corporation as Trustee, or Successor Trustee, or Substituted Trustee, of that certain Deed of Trust executed by Virgil O. Sullivan and Patricia A. Sullivan, husband and wife, and recorded November 12, 1982 as Instrument No. 82-225996, of Official Records of San Bernardino County, California, and pursuant to that certain Notice of Default thereunder recorded September 9, 1985 as Instrument No. 85-218517, of Official Records of said County, will under and pursuant to said Deed of Trust sell at public auction for cash, lawful money of the United States of America, a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association domiciled in this state, at the North entrance to the 1st American Title Insurance Building, located at 323 Court Street, San Bernardino, California, all that right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

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Riverside, CA 92506
DANIELA A. REIMEL, SR.
President
(714) 781-6630
Publish: May 1, 8, 15, 1986
Upland News
TAC #10248 (DC13619)

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Public Notice Continued

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Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Sale is: \$127,433.78.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand For Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: April 15, 1986.
PETER H. NORELL
as said Trustee
545 No. Mountain Ave.
Suite 211
Upland, CA 91786
(714) 946-5854
By: /s/ PETER H. NORELL
Authorized Signature
Publish: April 24; May 1, 8, 1986
Upland News
99958 (DC12605)

NOTICE OF SALE
OF REAL PROPERTY
AT PRIVATE SALE
No. PW-5048

In the Superior Court of the State of California, for the County of San Bernardino.

In the Matter of the Estate of
HOBART O. HARVEY
Deceased.

Notice is hereby given that the undersigned will sell at Private Sale:

WANNITA NORDSKOG
Executor of the
Estate of said
Decedent.

Frederick J. Seymour
Augustine and Seymour
741 South Garfield Avenue
Alhambra, California 91801
Attorney(s) for
Michael R. Augustine
Publish: May 8, 15, 22, 1986
Upland News
C6703 (DC14438)

NOTICE OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN that the City Council of the City of Upland will hold a public hearing on Monday, May 19, 1986, at 7 p.m., in the Council Chambers of the Upland City Hall, 460 North Euclid Avenue, Upland, California 91786, to consider the following items:

DEVELOPMENT AGREEMENT NO. DA-86-01 and ENVIRONMENTAL ASSESSMENT REPORT NO. EAR-739 to consider a proposed agreement between Lewis Homes of California and the City of Upland to allow the transfer of a total of six (6) "excess density" lots as entitled under adopted Development Agreement Numbers DA-83-02, 84-02, and 85-01, from approved Tentative Tract No. TT-13110 to a proposed 179-unit Planned Residential Development (Ref: CUP-85-21) in and RS-15 (Single Family Residential) Zone, on property generally described as:

An irregularly shaped area of approximately 4.1 acres, located at the southwest corner of 24th Street and Blair Avenue, having a frontage of about 1,335 ft. on the south side of 24th Street and of about 1,350 ft. on the west side of Blair Avenue, with a maximum depth of about 1,660 ft.

Said property being legally described as Lots 140, 141, the east 1/2 of Lot 146, 147, 148, 149, and 150 of Ontario Colony Lands, in the City of Upland, as per plat recorded in Book 11 of Maps, Page 6, records of said County.

Together with that portion of Canon Avenue, as shown on said map lying between Lots 147 and the east 1/2 of 146, as was abandoned by Resolution of the Board of Supervisors of the County of San Bernardino, dated January 31, 1938, and recorded February 2, 1938, in Book 1254, Page 308, Official Records; and extending southerly from a line described as follows:

Beginning at a point on the east line of aforesaid Lot 146, and 282.30 ft. north of the southeast corner thereof; thence running south 44°54' east a distance of 61.20 ft.; thence south 54°43' east 31.45 ft. to a point on the west line of aforesaid Lot 147, 222.01 ft. north of the southwest corner thereof.

The Environmental Review Board (ERB) has recommended that a Negative Declaration be issued for the proposed project, subject to implementation of certain mitigation measures as required by the Board.

Notice and conduct of public hearings will be in accordance with all pertinent provisions of Article IX (Planning and Zoning) of the Upland Municipal Code and Section 65100 et. seq., Chapter 3 (Local Planning) of the Government Code of the State of California.

All maps, environmental information, and other data pertinent to this proposed project are filed in the office of the City Clerk and will be available for inspection prior to the public hearing. All interested persons are invited to attend this public hearing and express their opinions for or against the project proposed.

DOREEN K. CARPENTER, CMC
UPLAND CITY CLERK
Publish: May 8, 1986
Upland News (DC14326)

NOTICES OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Upland will hold a public hearing on Thursday, 22 May 1986, at 6 p.m., in the Council Chambers of the Upland City Hall, 460 North Euclid Avenue, Upland, CA 91786, to consider the following items:

CONDITIONAL USE PERMIT NO. CUP-85-26 and ENVIRONMENTAL ASSESSMENT REPORT NO. EAR-731 to allow the establishment of a COMMERCIAL COMPLEX INCLUDING A FULL SERVICE, SINGLE STORY, SIT-DOWN RESTAURANT of approximately 4,600 sq. ft. in gross floor area, and a THREE STORY OFFICE BUILDING of approximately 11,716 sq. ft. in gross floor area, inclusive of two (2) conjunctive WAIVER requests from the provisions of the Upland Municipal Code, as follows:

1. SECTION 9487.100.0231.1 - MINIMUM FRONT YARD SETBACK (An average of 25 ft. with a minimum of 15 ft. required; 21 ft. 4 in. proposed);

2. SECTION 9483.103.021 - MINIMUM STREET-SIDE YARD SETBACK (10 ft. required; no setback proposed for stairwell and elevator shaft)

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SUN 12 PM TO 6 PM

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Hearings asked regarding disaster aid formula

WASHINGTON — Fourteen California lawmakers, including Rep. Jerry Lewis, R-Redlands, called last week for a congressional hearing on proposed regulations they said "represent an unprecedented, drastic attack on federal disaster assistance" to state and local governments nationwide.

The proposed rules would reduce the existing 75 percent federal, 25 percent local cost-sharing formula for public federal disaster assistance to a sliding scale aimed at an overall 50-50 cost split.

Federal Emergency Management Agency officials say their proposed regulations, which would place a greater burden on state and local governments to pay for disaster relief, are intended "to support the administration's balanced

budget goals."

California lawmakers say the rules could severely affect the state, which recently sustained more than \$50 million in FEMA-qualified damages. California's latest flooding disaster would have qualified it for federal aid under the new formula, but at a greater cost to state and local governments.

In a letter sent to Rep. Robert Roe, D-N.J., chairman of the House Public Works and Transportation Subcommittee on Water Resources, the California lawmakers said state emergency management officials "have indicated that 60 percent of the presidential disasters in the last five years in California would not have been declared if the new regulations had been in effect."

The letter, co-authored by Reps. Vic Fazio, D-West

Sacramento; Doug Bosco, D-Occidental; and Norm Mineta, D-San Jose, asks Roe to conduct a hearing on the proposed regulations that could "dramatically increase the burden on state and local governments to the point where they would be unable to absorb them."

The letter also was signed by Lewis, who said in an interview he has "some serious skepticism" about the FEMA proposal. "It's critical that we recognize that we shouldn't just automatically shrug our shoulders and say this is Gram-Rudman (budget cutting) time," he said.

The lawmakers pointed out the National Emergency Management Association concluded state and local governments already provide up

to 85 percent of all emergency management resources.

"Under the new eligibility formula, the prospects for the continuation of even the existing small increment of federal disaster assistance are even dimmer," the lawmakers wrote.

FEMA itself says 61 of the 111 disasters that qualified states for federal assistance funds over the past five years would have been declared ineligible for public assistance under the proposed rules, saving the federal government about \$400 million.

The proposed rules do not change individuals' disaster relief qualifications, although they do require state or local governments to pick up 25 percent of crisis counseling costs and 25 percent of costs for housing people in mobile homes.

A FEMA official said only about 5 percent of displaced people are housed in mobile homes, so the cost to local

governments for that new cost would be "minimal."

The new rules primarily affect federal assistance dealing with repair of state and local government-owned roads, buildings and facilities.

FEMA's proposal is based on a sliding scale, with public assistance reaching up to 90 percent in some cases, zero in others, aimed at a 50 percent federal, 50 percent state and local cost sharing ratio.

To be declared eligible for federal public assistance, California would have to sustain damage of at least \$28.5 million, or \$1 per capita, under the new formula. FEMA calls that a "capability indicator."

If the state qualifies, FEMA then would require California to contribute an up-front \$28.5 million before state agencies could receive federal aid under the agency's cost-sharing formula. Nevertheless, the California representatives said the "sizeable initial threshold" of

the FEMA rule makes it "highly possible that a major disaster could hit an isolated area, causing significant loss of life and tens of millions of dollars in damages without being declared eligible for a dime in federal disaster assistance."

If damage to state-owned facilities was less than the \$28.5 million cutoff point, the state agencies themselves might not qualify for federal assistance, but local governments could still qualify under a sliding scale starting at \$2.50 in damage per capita.

Federal assistance to local governments would begin at a 75 percent federal, 25 percent local basis, but FEMA could kick in more dollars based on the amount of damage per capita above \$2.50. FEMA will accept public comments on its proposed rules until June 17, and attempt to implement them before the next fiscal year begins Oct. 1, an agency official said.

Get vitamins from food, not pills, scientific panel says

WASHINGTON — An increasing number of Americans are taking massive doses of vitamin and mineral supplements, risking severe health damage, according to scientists convened by the American Dietetic Association.

The rising number of vitamin pill poppers is encouraged by advertising promising everything from prevention of cancer and osteoporosis to relief from premenstrual syndrome and impotency, the scientists said at a news conference Monday.

"What we have today is a return, through the use of single nutrients and vitamins, to the snake oil salesmen of the 1800s," said Dr. David Heber, chief of the division of clinical nutrition at the UCLA School of Medicine.

"We are concerned as scientists and physicians with the long-term safety and consequences of taking single nutrients and vitamins ... in high doses for long periods of time both because of the direct toxicity resulting from taking these medications and also because of the fact that it gives a person a sense of false reassurance and thereby gives them permission to ignore the rest of their health."

Heber said diseases like cancer and osteoporosis do have some links to nutrition, but claims that the diseases can be prevented by diet alone is misleading.

The panel urged Americans to get their vitamins from food, not pills.

Heber said vitamin and mineral supplements make up a \$3 billion industry, which is expected to grow at a 15 percent annual rate.

Individual case studies of people who took too many drugs increased to 24,000 last year. From those studies scientists conclude that:

— Vitamin A at five times the Recommended Dietary Allowance can cause headaches, nosebleeds, liver damage, mental disturbances and birth defects with chronic use.

— Vitamin D at 120 times the RDA can cause calcium deposits in the kidneys which can lead to kidney failure.

— Vitamin B6 at 100 times the RDA can cause fatigue, nerve damage and numbness of the hands and feet.

— Vitamin E at 40 times the RDA can cause high blood pressure, extreme fatigue and may block conversion of carotenes to vitamin A.

But, as Dr. Victor Herbert of New York's Mount Sinai School of Medicine said: "By the time you've got the symptoms, you're already long poisoned."

Symptoms of chronic vitamin supplement use are often mistaken for other diseases, Heber said, compounded by the fact that many people don't tell their doctors that they are using them.

Even "so-called water-soluble" vitamins like vitamin C — long believed to be completely safe

R.C. VIP club offers seniors activities

All senior citizens are welcome to VIP Club of Rancho Cucamonga activities.

The group meets Thursdays at 10 a.m. for a weekly meeting. Throughout the week, the group plays cards, bingo and goes bowling.

For more information, call 980-2634.

— can cause unpleasant effects, Heber cautioned.

"If they (Americans) were as worried about these supplements as they are about low-dose radiation exposure from digital watches, television stations and sunshine, then there perhaps would be a different view of the nutrition industry," he said.

Dr. Alan Forbes, director of the Food and Drug Administration's office of nutrition and food sciences, said that since there is still controversy about what dosage is harmful to which group, the

FDA is not issuing a warning on vitamins.

Heber said his warnings are not directed at the popular, multivitamin products that supply 100 percent of the recommended daily allowance, nor at vitamins prescribed by doctors to specific groups such as pregnant women and the elderly.

Also on the panel were professor James Marshall of the State University of New York School of Medicine and Dr. Robert Heaney, a professor at Creighton University in Omaha, Neb.



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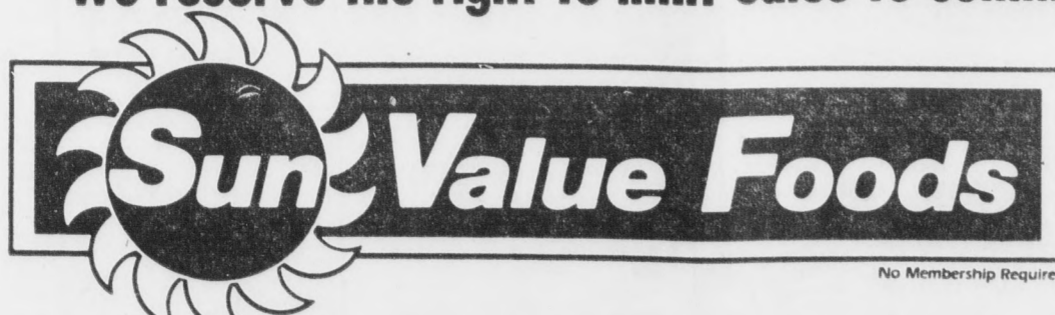
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Government computers systems vulnerable

WASHINGTON — Electronic mice seemed to be nibbling away inside the files of the computer system some nights at the Internal Revenue Service.

Officials were baffled by missing files that had been there the day before.

Investigators discovered the files were disappearing around 2 and 3 a.m. when no one was in the office. Someone was entering the computer system from outside by telephone and then erasing the files. Fortunately for the government, this computer system handled interoffice business, not taxpayer records.

A phone tap led to the arrest of a 32-year-old Greenbelt, Md., man who was using an ordinary home computer, jacked up with sophisticated software. He pleaded guilty in federal court here to computer fraud charges that carry a sentence of as much as a year and a possible \$100,000 fine.

This wasn't a case of another hacker like the teen-ager who a few years ago broke into the computer system at the Los Alamos National Laboratory.

The Greenbelt man was more typical of what actually occurs in most computer break-ins at the government: the perpetrator is someone who works for the government, often a state or local government, or works for a firm that does

business with the government.

The Greenbelt man was employed by a firm that had sought a software contract with the IRS. While preparing a contract proposal, he had apparently learned the IRS computers' telephone number and its password, "Zeus."

Interviews in recent years with those convicted of computer crimes against the government have found that such people are, on average, about 30 years old, work for the government or a government contractor, and are considered good employees (though, surprisingly, one-fifth of the 46 people interviewed had criminal records).

The people usually break into a government computer system with the idea of making money — by entering false claims or a false name on a payroll.

In the recent IRS case, federal officials say they did not learn a motive.

Richard P. Kusserow, who heads a federal project on computer security, told a congressional panel last year that he's talked to some people convicted of computer crimes who simply "could not ignore the temptation of a vulnerable system."

A major finding of Kusserow's project, as well as a study earlier this year by the congressional

Office of Technology Assessment, has been the fact that government computer systems are often extremely vulnerable.

More than 20,000 mainframe computers are used by the U.S. government and more are being added daily. Forty percent of federal agencies have no restrictions on dialing into their computer system, and 80 percent do not use coding.

Often the people who commit computer crimes discover the weaknesses in the system in the normal course of their jobs, according to Kusserow.

Hackers operating completely outside the government aren't really a problem — at least so far as anyone knows. Government security is so lax in many agencies that it's only by accident when mischief is uncovered.

Kusserow told the congressional panel that he's frequently asked how often people bust into the Social Security system, and he answers, "We have had not one single instance of any hacker entering into the Social Security database because we're operating such a primitive system that we don't even have dial-in capability."

But dial-in and networking capacity are coming to many federal agencies, and Kusserow and others are worried because the supervisors responsible for the security of computer

operations are often from "the generation that didn't grow up on Pac Man and was afraid of looking at the CRT's."

Some members of Congress are trying to correct that this year by providing more training in computers and computer security for government officials.

"Security is pretty lax, it appears to be the weakest link," said Anthony C. Taylor, director of a House Science and Technology subcommittee.

Taylor's boss, Rep. Dan Glickman, D-Kan., and others are worried about what could happen if someone broke into the Federal Reserve System or the federal air traffic control system.

An IRS spokesman said no lasting damage was done by the break-in there and that it's unlikely anyone could get into taxpayer records.

"There's all sorts of checks and cross-checks built into those systems," the spokesman said. "It would be extremely difficult."

Congress this year may tighten the 1984 Computer Fraud Act, which prohibits unauthorized entry of government computers.

A House subcommittee has finished work on legislation that would prohibit computer bulletin boards from posting the passwords and procedures used for accessing either a government and private computer systems.

Popular geraniums held in high esteem by gardeners

By Patrick Denton
Copley News Service

It would be difficult to find a home garden in summer that didn't house a few geranium plants. This popular container and bedding plant is well loved and highly esteemed by both outdoor and indoor gardeners for its easy blooming and undemanding habits.

Still, there often is a little confusion surrounding the geranium, probably because there are several different kinds, each with its own personality and best uses.

Today, let's begin looking at the four types of most interest to

home gardeners — the zonal, or common geranium; the regal, or Martha Washington geranium; scented-leaved geranium; ivy geraniums.

By far the most often used by home gardeners is the common garden or zonal geranium, which grows into a small succulent-stemmed shrub with soft, velvety leaves that often have a dark circular band or zone located just inside the outer edge.

The flowers are borne in large, flattish clusters of either single or double florets, in many shades of red, pink, salmon, rose, orange, violet and white.

It used to be the only way to propagate garden geraniums was to take cuttings of partly

hardened growth in summer for freshly rooted plants to overwinter and blossom the following summer. However, now there are varieties that can be grown from seed as well, and these for the most part grow into smaller, bushier, more compact and disease-free plants.

These common garden or zonal geraniums thrive in a warm sunny spot and rather dry conditions. They do not need rich soil. In fact, they tend to flower more profusely, like nasturtiums, in a slightly lean soil. They combine beautifully with other flowering plants that flourish under similar conditions. A bed of red geraniums dotted with huge

heads of fragrant purple heliotrope and edged with portulaca or Dark Opal basil is both an easy-growing and dramatic sight.

The common garden or zonal geranium is also an ideal subject for growing in tree, or standard form. Start in spring with a young plant purchased or grown at home, preferably from a cutting for a sturdier trunk, and begin pinching off lower leaves to force growth to the top of the plant. Fertilize regularly and move to a larger pot with a

longer stake at monthly intervals, ending up with a pot about 8 inches wide and a stake 30 to 36 inches long.

By summer's end you can stop removing leaves and let the head of the plant develop. Bring it indoors well before frost, and in late winter, when new growth begins, keep the head pinched back for shapeliness and enjoy your umbrellalike crowning glory of bloom all spring, summer and fall the following year.

Our second type of geranium

is the regal, or Martha

Washington. These for the most part grow into larger, more rangy plants with leaves that are more deeply serrated and crinkly than the common geranium. Martha Washingtons also bear larger and more showy flowers in looser, rounded clusters. The flowers are large and fancy, many of them heavily frilled and bearing gorgeous dark markings and blotches against lighter shades of pink, red, lavender, rose and salmon.

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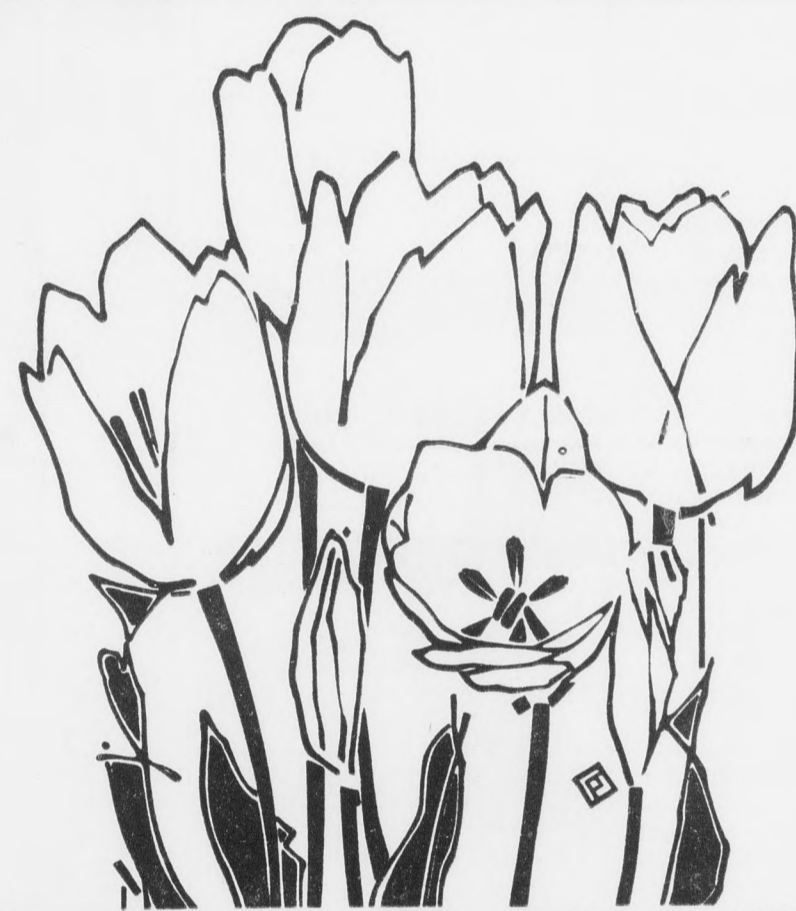
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Here's how to maximize minimal space in the kitchen

By Carol Cutler
Copley News Service

Anyone who clings to the small size of his or her kitchen as an excuse not to have parties won't consider Ellen Brown a friend.

Brown is the former food editor of USA Today and the Cincinnati Post, a 1985 COOK'S Magazine honoree, and author of the enormously popular book, "Cooking with the New American Chefs" (Harper & Row, \$12.95 paper, \$22.95 cloth).

She is also a hostess who constantly entertains, despite the lilliputian dimensions of her kitchen — 4 by 8 feet. Given the fact that, as a food professional, she continually tests recipes that require a fairly large assortment of cooking equipment, that mini-kitchen is in reality even smaller than it would be for most people.

Brown is renowned for planning imaginative menus, instilling each event with a style and flair of its own, and making it all look as if a full staff had pulled it together. Perhaps her favorite gathering was the 10th birthday party for Sam Cat, a theme that allowed her to recycle 9-Lives cat food cans as candle holders for the votive lights that lined the entrance walk.

The guests who come to Brown's parties expect a good time, and, especially, superb food. Such is the curse of a great reputation. Over the years she has come up with rules, tips and improvisations on how to maximize the minimal space:

Look at all the recipes you are making for a party and do the total preparation work at one time. For example, in a single operation, chop all the onions you'll need for all the recipes.

Pegboards can be wonderfully decorative items, but also utilize them to hang utensils you use most frequently — skillets, slotted spoons, scissors, magnetized knife rack, etc.

If you run out of refrigerator space, chill wine in the bathtub, or a washtub outside if you have a patio or back yard. Apartment buildings with fire escapes have yet another auxiliary cooling spot.

Plan cleanup time while cooking. Every so often take 5 minutes to clear the counter.

Don't feel compelled to wash out a pot before reusing it — often a quick rinse will suffice.

Plan a menu that will not require the oven at party time, freeing it for storage of dirty pots and dishes between courses.

Stow out of the way (under the sink or in a

closet) any equipment you won't be using — food processor, toaster, blender and the like.

If you don't use your electric can opener often, replace it with a good manual one. It works as fast, can be put away in a drawer, and is more easily washed. If you mostly use the electric model to sharpen knives, buy a good sharpening steel instead, which also goes into the drawer.

The centerpieces for many of Brown's buffets are large, hearty salads that serve as the main course. One stunning example from her book is Anne Greer's creation for The Terrace restaurant at the Anatole Hotel in Dallas.

Warm Chicken and Papaya Salad

Dressing:

- 1 shallot
- 1 tbsp. Dijon mustard
- ¾ tsp. salt
- ¼ tsp. ground white pepper
- 6 to 8 orange sections, all membrane removed
- cup white vinegar
- ½ cup freshly squeezed orange juice
- 1½ cups vegetable oil
- 2 tps. freshly grated ginger root
- Salad:
- 8 skinless, boneless chicken breast halves
- 2 tpsps. peanut oil
- 2 red bell peppers, cut into julienne strips
- 2 tpsps. soy sauce
- 2 avocados, ripe but firm
- 3 papayas, ripe but firm
- 2 heads Bibb or 1 head Boston lettuce, washed and separated into leaves
- 3 tpsps. sesame seeds, toasted

In blender or food processor fitted with steel blade, puree shallot, mustard, salt, pepper and orange sections. Add vinegar and orange juice, then slowly add oil, beating until dressing is combined and thick. Stir in ginger root and set aside at room temperature. Or make a day in advance and refrigerate.

Remove tendons from chicken breasts, pound lightly and cut into strips 3 inches long and ½ to ¾ inch wide. Heat peanut oil in wok or 12-inch skillet and saute chicken and red pepper strips until barely done, about 2 minutes. Turn off heat and add soy sauce.

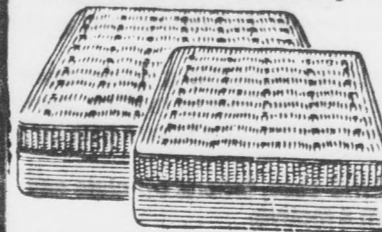
Peel and slice avocados and papayas. Arrange

lettuce leaves on individual plates and arrange fruit around edges of plates. Drizzle some of dressing on fruit. Pour rest of dressing into pan

with chicken and peppers and heat mixture, but do not let it boil. Mound chicken and peppers in center of greens and sprinkle with sesame seeds.

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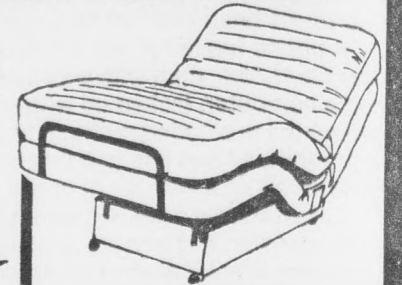
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Local voters expected to sign petition

By Andrew Horan

West Valley voters will join other Californians to push a stringent drinking water initiative onto the November ballot this week, according to the measure's supporters.

Volunteer and paid petition circulators have collected almost 375,000 signatures statewide from registered voters in the six weeks since the Safe Drinking Water and Toxic Enforcement Act initiative was introduced.

The bill, which would impose harsh penalties against those who knowingly contaminate "drinking water with chemicals known to cause cancer or reproductive toxicity," needs 393,000 signatures to qualify for the ballot.

Supporters of the drive expect to gather those signatures easily and hope to add another 200,000 for a "security cushion" against phony signatures by the May 26 filing deadline, according to Judy Tyler, the initiative's Southern California coordinator.

The toxics initiative has been one of the more popular petition drives this year, according to Kelly Kimble. Kimble's Westlake Village-based firm is managing the toxics drive.

Kimble's company has managed 40 petition drives across the nation since 1972, he said.

"The toxics issue is one of the most popular issues we've worked on," he said in a phone interview. "It's right up there with the (California) Lottery as being one of the easiest to get signatures on."

Kimble estimated that 5,000 to 7,000 paid circulators have joined hundreds of Sierra Club and California League of Conservation Voters volunteers to collect signatures.

They are collecting an estimated 10,000 signatures a day at shopping malls, swap meets and "wherever the largest amount of people are moving the slowest," Kimble said.

More than 175 paid circulators are working from Kimble's Montclair office, according to office manager Denise Bartholemew.

She said local voters are contributing "at least 1,000 signatures a day" to the initiative, which would levy fines up to \$2,500 a day against any person who has violated the tough standards.

Bartholemew said residents will find the circulators, who earn between \$8 and \$15 an hour to collect signatures, at the Montclair Plaza and other shopping centers in the West Valley

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Technology has its drawbacks

Upland NEWS Thursday, May 8, 1986 37

SACRAMENTO — A wave of technological conveniences designed to help make life easier for the blind is making many people wonder if that technology is the best for those it is supposed to help.

Talking books, a wide array of specialized computer programs, and even machines that can read any printed page aloud are making information available quickly and easily for those who cannot see.

Jeff Thom, a 32-year-old attorney in Sacramento who has been blind since birth, said the new technology is "marvelous, it's great. It will make more occupational areas accessible to the blind."

But, at the same time, Thom is worried that the new conveniences may undermine the use of Braille, which still is the only method available to blind people who need to use the written word.

"If you're using the technology, it doesn't mean you don't need a lot of the skills that Braille provides for," Thom said.

If people who can't see come to rely primarily on audio information, Thom said, "The potential exists for a great decrease in writing ability."

"If you had never read anything ... you would have no idea how to write, or how to spell, or use punctuation," he said.

"Calculators, if used properly, can be a godsend. If not, they can lead to a decline in math skills. The same is true" of the technology that eliminates the need to use Braille, Thom said.

Fred Sinclair, director of the Clearing House Depository for Handicapped children, agreed with Thom that there are disadvantages to using books on tapes. Writing skills and Braille-reading skills cannot be taught that way, he said, and textbooks for fields such as science and math can't be recorded.

The advantages to the new technology, however, outweigh the disadvantages, said Scott Richmond, professional services director of the Society for the Blind.

Richmond acknowledged "a certain amount of validity" to Thom's reasoning, but said the new technology will allow the blind to be more competitive.

"Technology has the potential to make us all lazy," Richmond said. "I don't think the blind is any different from sighted people. It's really a question of access."

What mostly concerns Thom, Richmond, and others are recent federal budget cuts, which they fear could lead to the eventual replacement of Braille by cheaper, easier-to-produce books on tape.

According to Sinclair, an audio cassette that costs 85 cents can hold as much as 50 pages of a high school textbook.

By contrast, he said, it takes two, sometimes three pages, to produce one page of a standard high school text in Braille, and each Braille page costs 30 cents. The federal and state governments subsidize materials for the blind, underwriting the costs of producing Braille books.

As a result of the Gramm-Rudman budget act, which requires across-the-board cutbacks in federal spending, the budget for the National

Couple married within walls of huge sand castle

TREASURE ISLAND, Fla. — Judi Allard and Pete Hunt hope their wedding lasts longer than the place where the ceremony took place — a five-story castle built with 35,000 tons of sand.

The wedding Saturday on "The Lost City of Atlantis" drew dozens of uninvited guests, who watched from behind a fence and a moat surrounding the temporary structure billed the "World's Largest Sand Castle."

The crowd cheered, and several people called for a pose from the bride and groom as they stood atop the 58-foot-high sand castle, which measures 250 feet by 150 feet.

Allard, head housekeeper at a motel, and Hunt, a television repairman, had planned a June wedding. But Hunt said he talked to one of the sand castle promoters almost as a lark and asked if they could get married on it.

"Fantastic. It's romantic," Allard's 19-year-old daughter, Shari Hibbs, said as she watched her mother and Hunt exchange vows.

The giant sand castle was built as the centerpiece for a festival of concerts, contests and light shows held on Treasure Island, located on Florida's Gulf Coast.

Variety of gadgets can help visually impaired

SACRAMENTO — An array of gadgets using the latest in electronic, computer, and laser controls has been developed over the last decade with the promise of making life easier for those who are visually impaired.

The new technology ranges from computer systems that deliver speech and Braille printers to talking machinery that will balance a check book. Here are some of the new possibilities:

- A computer that reads out loud, and announces the information displayed on a personal computer screen. VERT systems, manufactured by Telesensory System Inc., also enables the blind to do their own computer-programming, word-processing, data-processing, and data retrieval.
- A talking calculator, the first marketed on a worldwide basis, also is offered by TSI.
- Programs such as the VersaBraille II System, which allows the blind to use Braille for their computer work, but receives and transmits information in print. A printer developed by Ohtsuki Communication Products will print regular type and Braille on parallel lines.
- A one-piece portable electronic magnifier, called the Voyager, that can enlarge reading material up to 45 times. Manufactured by VTEK, a zoom-lens video camera displays the enlarged images on a screen.
- A processor that enables the blind to read computer-screen characters. It has a window that not only displays printed information in Braille, it also maintains a screen format of lines and columns that enable the user to read spreadsheets and numerical data.
- Tiles that can be inlaid in sidewalks to alert the visually impaired that they have reached a street corner. Manufactured by Guidance Systems Inc., these "Pathfinders" have been installed in at least two locations in Sacramento.

Library Service for the Blind was reduced by \$1.45 million March 1.

That means that in the next six months the service will record 100 fewer books on cassettes, and translate 110 fewer titles into Braille, according to Donine Hedrick, program manager for of the Braille and talking-book library in California.

Since each original copy is reproduced for thousands of local libraries, the cut means there will be 80,000 fewer cassettes available nationally — 10,000 of which would have been available in California, Hedrick said.

She also said a ceiling has been placed on the number of subscriptions for Braille or recorded magazines that her

library will have available. "On a monthly basis we get about 200 new patrons, and those will not be able to get magazines unless someone currently getting them dies or drops their subscriptions," she said.

Richmond strongly supports Braille and talking-book programs, although it one of the two had to be eliminated, he would keep the talking books.

"Dollar for dollar, I think it is one of the most useful and beneficial programs in existence," he said. "Dollar for dollar, it is probably the best program going, and I would hate to see anything happen to it."

"It's really valuable to students who use it as a resource library to do reports or term papers," he said. "It's valuable for a lot of people from a mental-health standpoint. It keeps them in touch with public affairs. It allows them to be current and up-to-date. It provides a vitally needed link between the homebound, who use it as their main source of entertainment and information."

Carol Gilbert, field services librarian for California State Library for the blind, agreed. "We have more tapes and records than we have books in Braille, even now, because most of our patrons suffer from age-related blindness, and a lot of them don't read Braille," she said.

"The older you are, the less sensitivity you have in your fingers," Gilbert added.

Richmond said there is also a strong possibility that special library services for the visually impaired will be severely curtailed or eliminated under the federal Gramm-Rudman budget-cutting legislation.

CuraCare mobile van provides mammographies

By Suzanne Sproul

Lisa Fabian is trying to eliminate some of the fear most women feel when a mammography is mentioned.

A mammography is the most accurate tool available for the early detection of breast disease, particularly cancer, Fabian said.

Fabian is the supervisor of the CuraCare mobile van that provides breast imaging services — mammographies and ultrasound exams.

The van goes to different hospitals and clinics throughout Southern California. Ontario Community Hospital contracts the van's services twice a week.

"The very mention of mammography or breast cancer is mentally stressful for most women, even if there isn't a lump," Fabian said.

According to literature provided to patients in the van, one out of 11 American women will develop breast cancer — the leading cause of cancer death among women in this country for the past 35 years.

Only women who have been referred by personal physicians are examined in the van. The mammography and ultrasound exams each take about half an hour.

Fabian said she first tries to put a woman at ease when she comes for an appointment. The woman watches a 13-minute film about breast self-examinations.

And then, depending upon a woman's personal health, family medical history and age, she either undergoes a mammogram or an ultrasound exam.

Mammograms, she said, involve a very small amount of radiation.

The American Cancer Society suggests that women 35 years and older have a baseline mammogram. Women between the ages of 40 and 50 years old should have them every two years after the initial exam.

"All women have lumps in their breasts. Most are cysts or are benign, but if a woman is concerned she should have it checked. No one knows more about your body than yourself," Fabian said.

She said a recent cancer society campaign to provide less expensive mammograms served 30,000 Southern California women.

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R.C. cultural task force pledges support for Wignall

By Marianne Aiken

Support for Chaffey College's Rex W. Wignall Museum is on the priority list of a task force studying the cultural needs of Rancho Cucamonga.

"We do recommend continued support for the Wignall Museum because it's very different and the only one we have in Rancho Cucamonga," agreed task force chairman Don Hardy.

The Chaffey College governing board is also eager to keep the

museum open, said interim Superintendent/President Otto Roemmich.

A \$60,000-\$70,000 funding package for the museum is being considered in the college's 1986-87 budget, Roemmich said.

"We'll probably take something to the board at our May meeting or our June meeting," Roemmich said.

The task force recommendations, completed April 28, include these other top

cultural priorities:

- expanded library services
- a performing arts center
- art displays in public places
- historical archives.

The recommendations of the 20-member task force are all tied to the creation of a non-profit foundation to finance the improvements, said Sandie Oerly, a task force member and a member of the Alta Loma School Board.

An in-depth study to indicate the market for a local theater for

the performing arts is also recommended, as well as trying to get developers to plan room for public displays of sculpture, she said.

The task force is asking that the city consider using a 2.6-acre area southeast of the proposed new civic center at Haven Avenue and Foothill Boulevard for a performing arts center, Hardy said.

The task force also identified the 99-acre park north of Base Line Road between Milliken

Avenue and the Deer Creek Channel as a possible spot for a new library.

Hardy said he envisions it as a multi-use building that would not only house the library, but include meeting rooms and areas for arts and crafts, and a place to perform plays.

"We recommend it to start as a library and build into multipurpose use mainly for Rancho Cucamonga residents," Hardy said.

Locations in private and

government buildings would be good sites for art displays, the task force said.

"We'd like to have more exposure to the arts on a free basis," Hardy said.

The task force recommendations will be passed on to the city council, but Assistant City Manager Bob Rizzo was unable to say when they would appear on the agenda.

AIDS patients show improvement upon usage of new drug therapy

Though not a cure, the drug azidothymidine (AZT) is the first therapy to partially repair the damaged defense systems of AIDS victims.

Fifteen of 19 AIDS patients who got the drug at the National Cancer Institute, Bethesda, Md., and Duke University Medical Center, Durham, N.C., have improved, researchers say.

"We have no evidence that AZT is a cure for AIDS," said Dr. Robert Yarchoan of NCI. "But some patients are showing some improvement."

Importantly, AZT is one of those rare drugs that can seek out and kill an AIDS virus that is attacking the brain.

AZT prevents the AIDS virus from reproducing and gives the defense system a chance to recover, Yarchoan said.

medical centers.

Shingles, the painful blisters believed caused by chicken pox virus, also may be an early sign of AIDS, researchers at New York University Medical Center warn.

Led by Dr. Alvin Friedman-Kien, the NYU scientists have found eight patients in which shingles was an early warning sign of AIDS. All eight AIDS patients were homosexual or bisexual men.

Alerted by this discovery, the NYU researchers checked 300 other AIDS sufferers and discovered 8 percent got shingles before their AIDS was definitely diagnosed.

There is no conclusive evidence linking sugar and hyperactive children, University of Iowa pediatrician Mark Wolraich says.

In an address to the American Academy of Pediatrics annual meeting, Wolraich said hyperactivity has several causes — the child's home and school environments, personality makeup, and self-image.

"There's no clear pattern of association between sugar and hyperactivity," he said. "Parents who restrict their child's sugar intake probably won't tone down their child's activity."

A new X-ray technique that provides better pictures of the heart has been developed at the Mayo Clinic, Rochester, Minn.

By taking continuous, but very speedy X-ray images, Mayo physicians are monitoring the insertion of tiny tubes (catheters) that diagnose or treat heart illnesses. And the technique reduces X-ray exposure by 30 to 50 percent, cardiologist David Holmes says in this month's Mayo Clinic Proceedings.

Mayo began using the technique in March 1985 and it now is being introduced by many other

Young gets job offer at Chaffey

By Marianne Aiken

Jerry Young, president of Centralia College in Centralia, Wash., has been offered a three-year contract as the next president of Chaffey College.

"I'm very excited about it," Young said when contacted by telephone Monday morning.

Young said he found out about his selection Friday evening.

"I wasn't expecting it," he said. "I was gratified it was over. It's been a long process."

Young said he was first contacted about the position during the week of March 17.

He is tentatively scheduled to take the helm July 1, but will first make a trip to the Alta Loma campus to work out his contract.

A five-member team visited Young in Centralia last Monday, and another finalist, Henry Kirk of Pasadena Community College, last Wednesday, governing board President Isabel Scully said.

Young was selected out of a field of four. A fifth candidate, Dan Moriarty, president of Triton College in the western suburbs of Chicago, Ill., dropped out of the race to accept another job April 11.

Young has been president of Centralia College for the past three years, where he said he battled serious budget problems brought on by the lumber-dependent economy of the Pacific Northwest.

Young said he was eager to visit the campus.

"Primarily, what I want to do is get there, meet the staff, talk with them, and get some type of assessment about what the priorities are, and begin working on those," he said.

Scully said the selection was made by a screening committee that was involved in the process from the start.

"We were very pleased with the entire process," Scully said. "It was one in which everybody had a chance to participate."

Young will replace interim Superintendent/President Otto Roemmich, who has been filling in since last July, when former President Samuel Ferguson was fired.

Women to celebrate

A "Let's Have a Party" brunch celebrating the Rancho Cucamonga Christian Women's Club's fifth birthday is scheduled May 14.

The party will be from 9:30 to 11:30 a.m. at the Red Lion Inn, 222 N. Vineyard, Ontario.

The ticket price of \$7.50 includes a meal. Reservations may be made by calling 980-1272, 982-6056 or 983-2830 by Friday.

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76 Apts., Unfurn.

FONTANA

CLEAN LARGE 1 BR, \$300. Stove, refrig., hardwood floors. Responsible person. 922-0230.

GENERAL

ALMOST NEW Tri-Plex 2 Bdrm, 1 Bath, 1/2 car garage & laundry room. \$460/mo. Call 714-365-5945.

RIALTO...SEC 8 OK

2 BR, 1 bath, upstairs unit. Cpts/drapes, xint cond. Only \$350/mo + \$250 sec. Good credit required. (818) 946-8383.

1 & 2 Bdrms apt in good residential area of Ontario & Upland. Very clean, new paint, quiet neighbors. From \$395/mo. Call 983-5513.

MONTCLAIR

5+ 3 bdrm, 5252 + sec. dep. A/C, pool, family rm, 625-1749 leave message or 982-4061 agt.

1 & 2 Bdrms, 1 ba, pool, A/C. \$395-\$440/mo. Call 634-3173 after 12 noon daily.

NEWLY DECORATED

extra large 1 & 2 bdrm apts, individual A/C, F/Heat, cpts & drapes, new floor. Children welcome. No pets. Very good area. Rents start at \$435. 4 sec. dep. Free gift avail. when move in. Res. Mgr. 621-6678.

LG, 2 br, 1 1/2 ba, bltins, \$395/mo. Professional Prop. Mgmt. 646-6701 or 621-1057. (MR-93)

— \$150 —

Move-In Bonus

PLAZA VILLA APTS INVITES YOU TO COME TO THE VILLAS AND ENJOY BEING MINUTES AWAY FROM EVERYTHING AND WORRIES AWAY FROM IT ALL.

2 & 3 BR TOWNHOMES

- CLOSE TO SCHOOLS
- SAUNA
- BUILT-INS
- FORCED HEAT, CEN AIR
- ENCLOSED PATIOS
- EASY FREEWAY ACCESS
- 1 1/2 blocks from Fwy 10
- ACROSS FR MTLR PLAZA

Call (714) 626-3511

Plaza Villa Apts

9200 Monte Vista, Montclair

\$310/MO: 2 bdrm, 2 ba, all util. paid. Pool. No pets. Quiet 3 star. Call manager, 626-0715.

2 Bdrm, 2 bdrm, 1 1/2 ba, brand new crpts, drps & tiles. A/C. Water paid. \$420/mo. Avail now. 627-3507, 628-2902.

2 Bdrm, 2 bdrm, 1 1/2 ba, brand new crpts, drps & tiles. A/C. Water paid. \$420/mo. Avail now. 627-3507, 628-2902.

5 STAR 2 bdrm, 1 1/2 baths, cpts, drps, bltins, private patio, enclosed garage. No pets. \$425/mo. 626-6665 9-5pm.

5★ Bldg. Rated By City of Montclair

Clean quiet bldg. + pool. Large 1 bdrm, stove, refrig., A/C. \$375 + sec. dep. No pets. 4820 CANOGA ST. MGR 9am-6pm 624-6660

2 bd, garage, fncd yard \$440/mo. \$820 move-in. 621-5129

Lge 2 bd, 1 1/2 ba, patio, AC, new crpt, paint & drps. laun. Nice area. \$450. Call after 6. 818-914-1755, days 818-446-8565.

ONTARIO

Lovely 2bdrm, quiet bldg. Adult or family. Across from school & shopping. No pets. \$435/mo + \$400 secur. E/4th St. N. Vineyard. Xint. mntn/maint. Apt only. 983-9680

2 bdrm, 2 ba, pool. A/C, patio. \$500/mo. Call 984-7807 or 946-0846.

BRAND NEW!

• Lge 2 BR, 2 ba Townhouses

• Aftch 2 car garage w/opener

• Central heat and a/c

• Private encl'd yds—balconies

• Washer/Dryer Hookups

• Blt-ins, Dishwashers

\$650/month

1507 S. Euclid, Ontario

986-6200

QUIET PARK-LIKE SETTING

Convenient to shops & freeway. Pool and weight room. Beautiful, private gated community.

1 & 2 bdrm from \$500.

ASK ABOUT MANAGER'S SPECIAL SYCAMORE PARK APTS

1221 N. Vineyard, Ontario

988-4966

MOVE UP To Mountain Shadows

• Spacious 1-2-3 Br. Apts.

• Park-Like Setting

• 2 Sparkling Pools

• Relaxing Jacuzzi

• B-B-Q's

• Private Patios & Balconies

• Extra Lockable Storage

• Central Air

• All Electric Kitchens

• Dishwashers

• Cable TV

• Large Laundry Facilities

• Walking Distance to Shopping & Churches

• From \$500

RENTAL OFFICE OPEN

DAILY: 9am - 7pm

SUNDAY: 10am - 5pm

Mountain Shadows

1352 W. 5TH ST.

1 Blk. W. of Mountain Ave.

983-5778

LifeStyle

Apartment

ONTARIO

— NEW —

LUXURY APARTMENTS

1, 2, 3 Bedrooms...1 & 2 baths

Air cond, POOL/SPA, covered carport, TV dish, and more!

Security Gated Community

MISSION OAKS APARTMENTS

1427 W. Mission Blvd

(714) 986-4658

SAVE UP TO \$1050*

* on 12-month leases

Save up to \$250 on 6-month leases

Ideal for Corporate Relocations

- * Or month-to-month
- * Convenient to major shopping and 10 freeway
- * Furn. unfurn.
- * New fitness center
- * Models open daily 9-6. Sorry, no pets.
- * 2 pools, 2 spas
- * Executive Conference Room

859 N. Mountain

(714) 985-1449

An R&B Managed Property

Oakwood

Apartment

76 Apts., Unfurn.

ONTARIO

4 MONTHS NEW 2 bdrm., 1 bath, AC, garage, cpts, drps., fresh clean + patio. \$495 to \$525. 251 N. Elderberry. Call 946-0846 for appt

2BD, 1BA, gas, frn. for washer. No pets. Upstairs. Disc. for maint help. \$460/mo. 987-6896

Lge 1 bd, Downstairs. No Pets. Close to Town. Laun. fac. \$370/mo + dep. Credit ck. 982-5155

2 & 3 Bdrms

Freshly painted, carpets, air conditioned, curtains. Children welcome, no pets. Available now! Call 988-5905

Best Rental Value for the \$!

JR 1 Bedroom Apt

• Refrig., gas stove & gas heat. Gas & water paid.

• Air-conditioning

• Carpets & drapes

• Parking nr your unit/rec rm.

• HUD Program avail. for 5r.

• Avail. now! Come 1st serve

\$395/Mo. \$150 Dep.

VILLAS LAS PALMAS

1449 E. D St., Ontario

988-5468

Super nice! New paint, clean 2bdrm, crpts, drps, \$450/mo available. 627-5007, 628-2902

Beautiful 2 bdrm, 1 1/2 bath Townhouses w/frpica. Also, 2 bdrm, 2 bath apts w/frpica. \$535-\$585/mo.

Montclair School Dist.

FIRESIDE MANOR APTS

1141 W. Dr St., Ontario

983-4527

Spacious

1 & 2 Bdrms. Apts. AC and heat paid. Water/gas/trash paid. Pool & security guards. 949 N. Vine, Ontario. Berkeley Palms, LTD

984-7035

TOWNHOMES

Lge 3 story, 2 BR, 1 1/2 ba units. Dble atchd gar, cen air, frpica. Xint cond. \$595/mo See Mgr: 1704 'A', East 'G' St. 981-4381

AVAIL. NOW! 1 & 2 br from \$385/mo. Call Professional Property Management 946-6701 or Manager 986-6165. (MR-19)

3 BDRM, 1 1/2 baths, gas & water paid. \$530 + \$400 dep. 815 N. Vineyard. 982-2369.

BEAUTIFUL

Frpica, lg. draps, balconies, & extra storage are a few of the items which describe these spacious 1 & 2 bdrm apts. This small lushly landscaped community is well located near the intersection of Mtn. Ave. & 9th St. Call for appt. & directions.

LINDA VISTA

126 Linda Way

946-4694

**** \$450 ****

Moves You In NOW... TO LARGE 1 BEDROOM

**** \$600 ****

MOVES YOU IN TO A LARGE 2 BEDROOM...

Located next to nice park. Close to schools & all shopping. Small pets ok.

Casa De Oro Apts

126 W. Fourth St.

(714) 984-5527

DRIVE BY! 1127 Bahia Ct., #C.

\$495/mo. 2 Bdrm, 1 bath, new paint/crpts. Call (818) 281-8002 or 355-8812.

2 bdrm duplex/aprt. Very clean. No pets. Rents start at \$450. Near Ont. Hosp. 982-5059 evens.

NEW 2 Bdrm Apt.

With lots of extras. \$525/mo. 982-9415/982-4076

*** Family Bldg. ***

2-story, 2 & 3 bdrm, 2 ba, \$450 or \$515. Stove, patio, Elem. school across street. No pets. 1161 W. 1st St. 988-5869

\$500 MOVES YOU IN.

That's all it takes to move into a brand new, air conditioned Life-style Apartment in Fontana. Sky-lights, private patios or balconies, appliances, swimming pool, swirl spa, BBQ and sun decks, greenbelts, cable TV, covered parking, on-site management. All for \$465 to \$525 per month. See at 16324 Merrill Ave., at Oleaner, off Citrus. See manager, Apt. D102. Call (714) 823-1590.

LifeStyle

Apartment

2 & 3 BEDROOM UNITS

SUNRIDGE PINES

NOW RENTING

* More like a home than an apartment

* Spacious 1,056-1,270 sq. ft.

* 1 & 2 story townhomes all with dbl master suites & baths

* No one lives over or under you

* Double attached garage with private entry

ALTA LOMA

10 Fwy. to Archibald Exit, North to 19th, then right to:

SUNRIDGE PINES 987-7746

RANCHO VILLAS

Is Now Featuring Our

Quiet, Comfortable

2 Bdrm, 2 Bath Units

for \$650/mo.

with only \$150 deposit.

We offer:

- 2 Pools
- Garages
- Spa
- Gas BBQ's

RANCHO VILLAS

8033 Ramona Ave.

Rancho Cucamonga

(714) 989-8115

Open 7 days, 9am-Dusk

THE CALIFORNIA DREAM

DON MIGUEL APARTMENTS

MODERN & ATTRACTIVE

BEST VALUE IN ALTA LOMA

2 Bedroom From \$560

2 & 3 BEDROOM UNITS

SUNRIDGE PINES

NOW RENTING

2 & 3 BEDROOM UNITS

SUNRIDGE PINES

NOW RENTING

2 & 3 BEDROOM UNITS

SUNRIDGE PINES

NOW RENTING

76 Apts., Unfurn.

ONTARIO

Brand New, 2 bd, 1 ba, 2 car gar. CAC/heat, crpt, drps, bltins. Yd, balcony. 1908 Mountain. \$400-\$425. 818-947-0157

DELUXE 2bdrm/1ba/crpts/drp/stove/dishwasher/washer/trash paid \$475. 546-5416

2 br townhse 1 1/2 ba, cpts, drps, air, patio, G St. & Mountain. \$495/mo. 983-2051. 982-3888 gar.

1 BDRM, gas/water/trash paid, heated pool, centrally located, nicely landscaped. 1481 E. Harvard Place. 988-1915. Mgr.

LARGE 1 BDRM APT.

\$450 incl utilities

1 Bdrm, electric & water paid. Section 8 welcome. \$390 dep. Call (213) 945-5537.

N. ONTARIO

1 & 2 bdrm, carpets, drapes, kitchen bltins, A/C, covered carports, laundry rm. From \$420/mo. See Manager at: 1135 N. Baker or call 984-9426.

New Townhse apt. 2 bd, 1 1/2 ba, blt-ins, DW, CAC/heat, Dble gar, patio, \$595 + dep. 982-2280 818-467-2093

AVAILABLE June 1st! Large 2 BR, 1 ba, Duplex w/fncd bkdy. \$700, laungrs, 1 car gar. \$425/mo + \$200 sec. 988-4125

TOWNHOME

3 bdrm, 2 1/2 ba, attached 2 car gar, microwave, dishwasher, pool & spa, security entrance. \$780/mo. 714-391-2244.

2 Bedroom, 1 bath, air. \$445 + deposit. 944 N. Vine. 983-4518 no pets.

1400 sq ft, 1 bdrm, den, 2 bath, upstairs apt. Frpica, drapes, w/cpt, blt-ins, a/c, patios, walk-in closet, POOL & carport. \$490/mo + dep. Days: 627-3741, Evens/Wends: 947-8097

*** Spring Special ***

1st months rent + \$100

Ask about details

1 & 2 bdrms, A/C, cov'd carports, 2 pools & more.

Call now!!

Mt. View Apts

944 E. Deodar

Open daily 946-3051

Ontario, 1421 Virginia. Large 2 bdrm, 2 ba, w/w carpet. Child proof nsg, spacious 3 Bdrms. Pool, A/C, R/O, crpts, draps. Good area. Quiet, no pets. \$455/mo + \$350. 988-9295

1750 Sq. Ft. 2 bdrm., 2 bath apt. Pool, frpica, drapes, w/w cpts, AC, w/cpt bar, screens, patio, walk-in closet, carport. \$575 per month + deposit. Days 947-5741, evens & wends. 947-8092

1 BDRM, 1BA, \$415/mo.

2 BDRM, 2BA, \$540/mo.

Pool, carpets, patio. 1 to Ontario Shopping Plaza Center. 1130 W. Fourth St. Call 714-988-5348

2 Bdrm, 1 ba, private patio, great location, \$450/mo. 738 W. Ralston. 988-6895/756-8068.

* Euclid Villas, 2 br, 1 ba, garage, A/C, 2nd floor. \$520/mo. Avail. Apr 26. 714-983-8120.

— TRI-PLEX —

2 bdrm, 1 bath, cen air/heat, atchd garage w/hookups, cov'd patio, fncd yard. \$525/mo + \$250 dep. Pets ok. 986-8325.

Pepperwood Apartments

9053 Foothill Blvd

(E/Vineyard across fr Gemco)

(714) 980-2447

Models Open Daily: 9-4pm

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2 & 3 BEDROOM UNITS

SUNRIDGE PINES

NOW RENTING

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76 Apts., Unfurn.

ONTARIO

TRI-PLEX 2 bdrm apt, garage, cpts/drapes, POOL. Reasonable security dep. No pets. \$440/mo. 984-2385 or 988-5123.

TOWNHOME

2 bdrm, 2 1/2 ba, attached 2 car gar, micro oven, dishwasher, pool & spa, security entrance. \$690/mo. 714-391-2244.

1 BEDROOM, carpet, drapes, air, carports, pool, laundry, newer hldg, \$410/mo, 976 N. Vine, Ontario. MGR: 984-8607.

2 BDRM, garage, AC

Fncd yd \$495-5107

714-946-0107

SPACIOUS 2 & 3 Bdrm

Townhouses, patio, enclosed garage w/washer & dryer hook-up. 947-4095

3 BDRM, 1 1/2 bath, small backyard, fam. apts., 1 sm. pet allowed. Close to schools. \$445/month + \$270 sec. dep. 216 S. Second St. See Mgr. Apt A. SECTION 8 ACCEPTED. 983-3212.

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NEW 2 BDRM, 2 ba, a/c, patio, 2 parking, pool, controlled access, walk to bus stop, 471nd. Hill Mall. From \$560. 624-6336.

SPACIOUS, newly decorated, convenient, 2 bd, cpts, drps., AC, pool, laundry fac, carports. From \$435/mo. 622-5454

2 WEEKS FREE, 2 & 3 Br., 1 1/2 Ba. Townhome. Pool play-ground. \$600 & \$650. 422-9772

RANCHO CUCAMONGA

\$100 Off

1st Months Rent

ORCHARD MEADOWS II

- * 1 & 2 Story Townhomes
- * Up to 3 Bedroom units
- * Private Community
- * Pool & Spa
- * Private Balconies & Patios
- * Double Attached Garage w/ Opener

From \$400/Month

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PROPERTY MGMT

CALL 945-2502

— SAVE —

UP TO \$945

ON 12 MO LEASES

Save Up To \$240 on 4 mo leases

- Fireplaces & Microwaves in every unit
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Models Open Daily: 9-4pm

Sorry, no pets

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Models Open Daily: 9-4pm

Sorry, no pets

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76 Apts., Unfurn.

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1 Br apt, crpts, drps, blt-in range, \$362. No pets. Call Mgr 790 N. Gordon, #1, Pomona. 714-629-4000, 9am-5pm

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Mission Village Apartments. Studio: \$335. 1 bdrm: \$375. Bdrm + loft: \$450. Cpts-drps-stove-frig-pool-jacuzzi-A/C-laundry facil. 7781 Archibald Mgr: 980-7615 (9-5pm Mon-Fri)

RANCHO MEADOWS SPECIAL!

SEE US FIRST

Ready For Occupancy

Then Call Manager For Generous Concessions

SAVE UP TO \$500 ON MOVE IN

2 Bdrms950 Sq. Ft.

3 Bdrms1150 Sq. Ft.

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ORCHARD MEADOWS II

- * 1 & 2 Story Townhomes
- * Up to 3 Bedroom units
- * Private Community
- * Pool & Spa
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- * Double Attached Garage w/ Opener

From \$400/Month

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2 BDRM., 1 1/2 bath, R/O, AC, cpl., drps., bltns., lg. patio, 445/mo. Move in cost neg. Call to see, 946-0844 or 944-9123.
Good local close to schools & shopping, 2 bdrm., 2 bath, AC, bltns., cpl., drps., 555/mo. 910 W. Pine, mtr. of 988 A Springfield, Call 981-5976.
NEW! Clean & sharp! Large 2 bdrm., 1 ba, R & O, D/W, CAC, upgraded cpl. & drapes. Very clean & quiet complex. Plus 1/2 mo free at move-in! \$560/mo. Call PSI, 981-1225.

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NOW
Accepting applications on our spacious 2 Bdrm. 2 Bath units. Amenities include:
2 POOLS
3 SPAS
ENCLOSED GARAGES & MUCH MORE!

Come by or call
Pebble Grove
Apartments
1750 W. Arrow Hwy.
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Good Upland location.
1 & 2 Bdrms., 1 Ba. \$350/mo + 425. No pets. 981-1502.
Large 3 bdrm., 2 ba, pool, dish, washer, townhouse style, lg. kitchen area, quiet area, \$450/mo + \$500 sec. dep. 945-9319

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Unique Brand New Apts.
Cape cod style, unusual privacy, only 5 units built so you won't be lost in a crowded hotel like complex, as is so common in new apts. today. Listed features include:
• 2 bdrm., 2 full bath (perfect for roommates)
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This brand new Apartment Community is now open for you. Come see spacious well designed Jr., 1 & 2 bdrm Apts, 45 ft lap POOL, fitness center, community clubhouse, and more....

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Western National Property Mgmt

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Park-Like Setting
• Single Story Apartments
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• Park-Like Landscaping
• Sparkling Pools
• Jacuzzi
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• 1 Mile From Montclair Plaza
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850 North Benson
1 Bk. So. of Foothill
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2 bdrm, carpet, 180 N. 13th Ave. Apt B. No pets. \$425. Call aft 7pm 946-4517, 988-9623

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UPSTAIRS 2 bdrm., 1 1/2 ba.
Cpl./drapes/gas stove, D/W, laundry facilities, small pet ok.
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2,016 S.F. ...at 99C/rent. Upl.
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880 sq. ft. 838 1418 PAM YODER

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Approx. 1000 sq. ft. suite
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